

NAMI Family & Friends is a free 90-minute seminar that informs and supports people who have loved ones with a mental health condition. Participants learn about diagnoses, treatment, recovery, communication strategies, crisis preparation and NAMI resources. Seminar leaders have personal experience with mental health conditions in their families.

Next seminar will be held:

October 20, 2021, 7pm

Pike Autism Support Services, Milford Community House

201 Broad Street, Milford PA 18337

Registration is required; see below to register or to find out how to schedule a Family & Friends



Audience Perspectives

“The real-life examples that the co-teachers shared were helpful in realizing we are not the only ones going through this and it gave us all some hope for better days for us and our loved ones.”

“Programs like this really reduce the stigma and fear surrounding talking about mental health conditions. I felt supported and understood.”

Contact us to schedule a NAMI Family & Friends seminar



**Northeast
Region PA**

NAMI Northeast Region PA
846 Jefferson Avenue
Scranton, PA 18510
570-342-1047

Contact JoAnna:
joannavt@naminepa.org

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Northeast Region PA is an affiliate of NAMI Keystone. NAMI Northeast Region PA and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.