Delaware Valley High School Club and Activity Offerings

Anime: Vivian Bruno- ext. 4921

Anime are Japanese animated productions usually featuring hand-drawn or computer animation. The students are selforganized with a plan to watch a movie, play games and/or draw the characters from the series. Presently there are 40 members and most attend every meeting on Monday.

Art Club: Irene Lantz - ext. 7021

Art Club with Mrs. Lantz is the place to participate in art making activities that students won't get to experience during the class day. Art club has created many of the murals that hang in our high school halls. In addition to murals, students have created silk paintings, beaded jewelry, Polaroid transfer prints, and Expressive Arts projects with the local nursing home.

The largest project that the Art Club participates in is the Annual High School Art Show. Club members assist in our student notecard fundraiser and help to host the senior art reception.

Computer Graphics Club: Trish Kaylor- ext. 7703

Join Mrs. Cavallaro in learning and playing with the MAC computers. Computer Art Club meets every other Wednesday, and activities vary each year depending on student interest. Some of the activities that students choose are:

- Digital Painting
- Digital Mosaics
- Designing holiday cards
- Creating Fractal images
- Flash animations

Computer Programming Club: Jessica Hubal- ext. 7382

The Computer Programming Club allows students to refine the programming skills obtained in class in order to compete in different programming events. Each student can choose to work individually or as part of a team. They also get to choose what program they would like to create for entry into the programming competitions. The Computer Programming Club meets every other Wednesday throughout the year. Some of the competitions the club enters are:

- University of Scranton High School Programming Competition
- Bloomsburg University High School Programming Competition
- Gannon University Programming Competition
- Pennsylvania Computer Fair

Cross Fit: Jen Marchetti ext. x7066 and Sean Giblin-ext. x7113

Do you like to work out, challenge yourself, and meet new people? If so, Warrior CrossFit Club is the place for you!!

CrossFit is constantly varied functional movements performed at high intensity. All CrossFit workouts are based on functional movements, and these movements reflect the best aspects of gymnastics, weightlifting, running, rowing and more. These are the core movements of life. They move the largest loads the longest distances, so they are ideal for maximizing the amount of work done in the shortest time. By employing a constantly varied approach to training, functional movements and intensity lead to dramatic gains in fitness.

While CrossFit challenges the world's fittest, the program is designed for universal scalability, making it the perfect application for any committed individual, regardless of experience. We scale load and intensity; we don't change the program. The needs of Olympic athletes and our grandparents differ by degree, not kind.

Digital Photo Club: Tricia Kaylor- ext. 7703

The Digital Photo Club is shared by Mrs. Kaylor and Mrs. Cavallaro. In this club students practice photography, edit photos and complete creative assignments such as light painting. In addition, there are many opportunities for field trips to great shooting locations.

Places the Photo Club has visited:

- Scranton at Night
- Highlands Photography Gallery
- Grey Towers
- Delaware River
- Hawks Nest and Lackawaxen
- Milford Cemetery

DV Drama Club: Caroline Lehman- DVES and Sarah Fitzkee- ext. 7035

This afterschool activity provides students with acting, dancing, singing, and musical theater experiences through workshops, classes, and projects during the school year. The club stages a Black Box presentation, a cabaret, and a spring musical. In addition, students in this club perform at numerous community events. Membership is open to any DVHS student.

Emergency Responders Club: Mark Moglia- ext. 2029

Pike County requested DVHS to start an emergency responders club due to the low number of volunteers that currently exists in Pike County as well as in the Commonwealth. The club will meet with the local emergency departments (Fire, Police, and Ambulance) monthly and presentations will be planned accordingly.

Engineering Club: Robert Curtis - ext. 7109

The DVHS Engineering Club is a group of students who are interested in engineering technology, how it applies to the real world, and how to utilize math and science skills while solving problems. The competitions we attend involve solving problems creativity. Students who would like to be challenged and have a love for Science and Math are welcome to join us.

Environmental Club: James Albert- ext. 7131

This club is designed to get students outside to learn about the environment. We incorporate hiking, field trips, and outdoor activities in an effort to learn about how the world works and what organisms live in our area. The information students will learn throughout the year is gained in an effort to prepare for an Envirothon competition in the spring. Students work in teams to compete against other schools on topics of forestry, wildlife, aquatics, soils, and a current issue that changes year to year.

Family, Career and Community Leaders of America: Jill Farr - ext. 7259 and Leslie Peters- ext. 7049

FCCLA is a club for students promoting personal growth and leadership development through Family & Consumer Sciences education, focusing on the multiple roles of family member, wage earner and community leader.

- This year the students will be presenting mini-lessons on various topics to the group.
- Students participate in community service projects throughout the school year.

Film and Cinema Club: Michele Rojas - ext. 7424

Do you enjoy watching films? Would you like to learn how great films are made? Then this is the club for you! We will screen movies to study the techniques used in filmmaking and survey major directors and genres. Club highlights include a question session via Skype with an industry professional, and based on club interest, you may even participate in the making of a short film or take a free online film course.

Floor Hockey Club-

The intramural street hockey club meets twice a week starting in December and ending in February. The club is comprised of teams of 6 to 8 players who compete in two games of street hockey each session. The league will play 20 to 24 games before beginning a championship playoff in February. Games are played outside on the tennis courts. Equipment is available but students are encouraged to bring their own if they have it.

Fly Fishing Club: Thomas Schaffer - ext. 7218

This organization is designed to introduce students to the sport of fly fishing and to enhance the experience of students with a fly fishing background. We welcome beginners to the sport. Among the current members, there is a wide variety of skill levels.

There will be in the classroom instruction and hands-on activities that allows members to practice and reinforce what they learn. Some topics may include Entomology, Knot Tying, Gear Selection, Fly Choice, Fly Tying, Safety, and the best ways to approach Fly Fishing a stream.

Members will have the opportunity to learn how to tie their own flies using the guidance of experienced club members and can use the flies they tie themselves to catch fish during any of the various fly fishing expeditions.

We offer on-stream instruction on various ways of fly fishing as well as techniques and safety. Fly fishing trips will be taken to local streams or to the Little Lehigh River near Allentown, PA. Local trips will take place after school. We will take a school van and return in time for the 6:00 p.m. late bus. Trips to the Little Lehigh, or other sites, will be on a Saturday, leaving the school at 8:00 a.m. and returning around 3:00 p.m.

Foreign Language Club: Gary Cotroneo - ext. 7052

Foreign Language Club is a great opportunity to be immersed in other cultures, meet new people, and learn new interesting facts from the world in which we live. We will explore languages from different parts of the world but also analyze foreign films, plays, books, and other literature. We will also dive into foreign vocabulary, history, food, and music. On special occasions, celebrations will be held.

Forensic Science Club: Club Advisor: Lindsay Baker- ext. 7333

Our primary purpose is to provide our student members with the opportunity to participate in activities pertaining to science and law in order to help students prepare for a career in forensic science.

The Forensic Science Club provides events, field trips, information, and a forum for speakers to members of the community interested in forensic science. The Club is will be active in numerous activities is the school community.

Group's principal activities, events, or programs include the following: Guest speakers in the field of forensics, mock crime science, Murder Mystery Dinners, information on student jobs and internships in the field, field trips and attend conferences and symposiums.

We provide a place for students to network and learn about the field of forensics and what students can do if they want to pursue a career in this field.

FUSFOO: Tamara Eshleman- ext. 2015

Fusfoo is a digital website that gives our school a way to bring all of our media, from the school newspaper to the A/V club, onto a single platform.

Fusfoo gives Delaware Valley students a safe, bully-free, educational and engaging space for content to be created, curated, shared and consumed. The editorial and video content is created by our students - for our students and available on the devices they live by. Students can export their portfolio of work for college applications and internship and job interviews.

DV Fusfoo is part of Fusfoo's national high school network, where we view and repost thoughtful, relevant and ageappropriate content created by fellow schools and students across the country on their schools' unique sites. Whether you like to write, take photos or shoot video, Fusfoo is a place to express what you feel is important and interesting to high school students across the district and across the country.

Check us out at https://www.fusfoo.com/school/9/Delaware-Valley-High-School.html

Future Business Leaders of America: Maura Angle - ext. 7214 and Audrey Josephite- ext. 7142

Future Business Leaders of America is the largest business student organization in the world preparing students for careers in business and business-related areas. Over 250,000 students and advisers participate annually in over 14,000 chartered chapters in 50 states. Pennsylvania membership is over 13,000 with 295 active chapters in 28 regions. PA FBLA is the 5th largest chapter in the association. The Delaware Valley HS chapter is the largest Chapter in Region 22 with an average of 152 active members. If students are interested in developing leadership, communication, and team skills, or simply looking for an organization to meet and network with others at the local, state and national levels, then FBLA-PBL is the organization to join. To learn more about this organization, please see the DVHS advisors, Mrs. Maura Angle and Ms. Audrey Josephite.

Girl Up Club: Jess Hubal- ext. 7382

Girls are powerful when they are educated, healthy, and safe; they transform their communities. When individuals stand up for girls in need, they empower each other and transform our world. Girl Up is a United Nations Foundation's campaign that engages adolescents to take action. Led by an online community of nearly half a million passionate advocates raising awareness and funds, our efforts help the hardest to reach girls living in places where it is hardest to be a girl.

Geocaching: Kevin DeVizia - ext. 1875

Have you ever thought the kind of treasure hunt in movies like National Treasure would be a lot of fun, if only it were real? Well, it is! Come on out and join in the fun with the DV Geocaching Club! Geocaching is a high-tech treasure hunting game played by adventure seekers equipped with GPS devices. The basic idea is to locate hidden containers (called geocaches), outdoors and then share their experiences online. Geocaching is enjoyed by people from all age groups. At Delaware Valley, students' trips are run after school and on weekends. All students need is a sense of adventure and a desire to get outdoors. The whole family can get involved too! Local geocaching events give students the chance to try out the hobby and meet others who love geocaching. The local Tri-State Geocach group meets for dinner once a month on Fridays and hike afterwards.

Glee Club: Rich Horst - ext. 7262

The DVHS Glee Club is a student initiated and student led ensemble comprised of committed singers who gather approximately twice a month to rehearse. The focus is on pop music sung acapella. Participation is open to all students who are interested in and focused on contributing to the goals of the ensemble.

HOSA: Barb Coyle - ext. 7027

Health care workers enjoy the highest levels of demand, pay, and job satisfaction! Students who may be interested in a career as a doctor, nurse, medical technician, dentist, dietician, veterinarian or emergency medical technician can join HOSA. Health Occupations Students of America is a student led national organization endorsed by the US Department of Education for future health professionals. Delaware Valley's HOSA Chapter participates in many activities: community education projects, blood drive initiatives, and State and National Leadership Conferences. Interested students should contact Mrs. Coyle, DVHS HOSA's Advisor and Health Occupations Instructor.

Humanitarian Club Molly Blaut- ext 1863

The Delaware Valley Humanitarian club will meet bi-weekly to discuss global issues behind modern society's political unrest. To help bring this level of awareness to Delaware Valley High School, the Humanitarian Club will utilize bulletin boards and newspaper articles to inform the school community of current issues. The club will fundraise to provide monetary support for local, national, and worldly areas of need.

Indoor Track Club: Audrey Josephite- ext. 7142

Indoor Track Club is a group of runners of all abilities that meet every week during the winter season for various runs. We also have a racing team that travels and competes in District 2 Indoor track meets. There is always a fun, social atmosphere coupled with our hard-working ethic. It is a great place to meet new friends and get in shape!

Junior Historians: Mike Guzenski- ext. 7422

This club is open to any student who has a passion for history (local, state, national, world), and enjoys community service opportunities. Participants volunteer time at the local Salvation Army, work at the DVHS Veteran's Day Dinner, and Senior Citizen Dinner. Students also participate in activities that enable them to discover and research history, both in the classroom and in the community.

Latin Club: Amy Letwinsky- ext. 1842

In the Latin club, we will — learn the structure of the Latin language, such as the different declensions and how each of the 6 cases are used. We will learn vocabulary and how it relates to English and other romance languages. We will also practice translating 1st year Latin texts.

Marching Band: Rick Bullock- ext. 7017 and Kelly Craver ext. 7069

The Delaware Valley Marching Band is comprised of students from 7th to 12th grade. Students in the marching band play various styles of music while incorporating movement on the football field. The marching band practices throughout the summer and on Tuesdays and Thursdays during the school year.

Martial Arts: Laurence Marcial - ext. 7055

Open to any student who is looking to improve physical, mental, and character strength. It is blend of Oriental Arts ranging from Tai-Chi to Jujitsu. Students are given self-defense strategies, tactics, and techniques. The emphasis is on developing calmness, clarity, and self-control. No previous experience necessary.

Math Peer Tutoring Program: Susan West - ext. 7300

The Math Peer Tutoring Program is a service organization designed to help students struggling in math. Tutoring is provided by students under the supervision of two math teachers every Wednesday afternoon from 2:50 p.m. to 4:20 p.m. in room A-8. The Peer Tutoring Program provides students an opportunity to review, reinforce, and often re-learn math concepts and processes, building skills and grade point averages. All students who would like to serve as tutors are advised to seek the recommendation of their current math teacher.

Mock Trial: Thomas Bailer- ext. 7265

Mock Trial gives students the opportunity to act as lawyers and witnesses in simulated civil trials before actual judges and panels of juries. Lawyers volunteer to assist students as team advisors, scorekeepers, and regional coordinators. Each year, the winning team goes on to represent Pennsylvania in the national competition. This process is student driven with the advisor serving as a facilitator.

Model UN:

Model United Nations is an academic simulation of the United Nations that aims to educate participants about civics, effective communication, globalization and multilateral diplomacy. Students take on roles as foreign diplomats and participate in a simulated session of a body of the United Nations (General Assembly, International Court of Justice or Security Council) or some other intergovernmental organization (Arab League, European Union, NATO).

Participants research a country, take on roles as diplomats, investigate international issues, debate, deliberate, consult, and then develop solutions to world problems.

During MUN, participants utilize a variety of communication and critical thinking skills in order to represent the policies of their country.

Mountain Bike Club: Thomas Moran - ext. 7318

Through the Mountain Bike Club, students will develop not only their passion for the sport, but also an understanding and respect for the environment, wildlife, and many other aspects of the outdoors. Club members will improve their physical condition through biking which is considered one of the best cardiovascular exercises. Mountain biking will not only work the heart and lungs but also will increase the riders' upper body strength and balance. Students will be taught riding techniques during pre-ride skills development clinics. The riders will learn how to troubleshoot mechanical problems,

and by increasing these skills, students can save money by performing repairs on their own bikes and not paying a bike technician. Also, learning how to fix technical problems will keep riders' bikes in proper running condition. A rider can run into many unusual problems on the trail. On the trail, a rider won't have access to the proper tools so members will learn trailside problem solving tips.

Mountain biking is an activity that is evolving into one of today's most challenging outdoor sports. Students will develop their bodies and minds through mountain biking. When discussing the theory of relativity, Albert Einstein said, "I thought of that while riding my bike".

Mu Alpha Theta: Gary Dennis- ext. 7068

Mu Alpha Theta is the National High School Mathematics Honor Society with over 88,000 student members in more than 1,800 schools throughout the country. The organization is dedicated to inspiring keen interest in mathematics, developing strong scholarship in the subject, and promoting the enjoyment of mathematics in high school students. Members of Mu Alpha Theta are encouraged to participate in peer tutoring programs and to compete in mathematics competitions at the local, state, and national levels.

National History Day: Micah Sweeney- ext. 7296 and Beckee Bachelder- ext. 7913

National History Day makes history come alive for students by engaging them in the discovery of the historical, cultural, and social experiences of the past. Through hands-on experiences and presentations, today's kids are better able to inform the present and shape the future. This is a nationwide competition for history students. The topic is announced in the spring for the following year, and the students have time to work independently or in a group to present their topic in five different categories.

National Art Honor Society: Irene Lantz- ext. 7021

National Art Honor Society (NAHS) is a nationwide not-for-profit organization sponsored by the National Art Education Association for high school students. The program is designed to inspire and recognize students who have shown an outstanding ability and interest in art. The NAHS strives to aid members in attaining the highest standards in art scholarship, character, and service, and to bring art education to the attention of the school and community.

National Honor Society: Shannon Maino- ext. 7379

This club is open to juniors and seniors who have demonstrated scholastic success, good character, leadership skills and have had community service experience. They must have attained a cumulative GPA of 3.50 or better. The National Honor Society meets regularly to discuss the service activities that are designed to take place in the school or in the community.

Odyssey of the Mind: Andrea Benson- <u>bensona@dvsd.org</u>

OM is an international educational program that provides creative problem-solving opportunities for students from kindergarten through college. Team members apply their creativity to solve problems that range from building mechanical devices to presenting their own interpretation of literary classics. They then bring their solutions to competition on the local, state, and World level. Thousands of teams from throughout the U.S. and from about 25 other countries participate in the program.

Peer Buddies: Linnette Pousley ext. - 7427

Do you want to make a difference in someone's life? Peer Buddies has a vision is to build a more caring school community for students with and without disabilities. Peer Buddies club focuses on acceptance of all students. The club meets twice per month after school for training and monthly activities. Peer Buddies are also encouraged to volunteer at lunch and in after school activities with students who need support forming positive friendships. Students who are members of Peer Buddies throughout the year help with school wide activities like promoting Autism Awareness, Spread the Word to End the Word and Special Olympics.

Monthly activities include:

• outdoor games and picnics

- scavenger hunts
- art activities
- Movie night
- Game night

PJAS:

The Pennsylvania Junior Academy of Science (PJAS) is a statewide organization of junior and senior high school students designed to stimulate and promote interest in science among its members through the development of research projects and investigations. At Delaware Valley, students work on long term project to take to Region 2 competition in March. Students who earn a first place prize move on to the state competition at Penn State in May.

Pennsylvania Youth Education Association: Jill Farr - ext. 7259

PYEA is a club for students who are interested in becoming teachers and/or working in education.

PYEA activities include:

- Together we work on bulletin boards
- In April 2014 the students will get the opportunity to shadow a teacher for the school day.
- Our service project is to collect Box Tops for Education at the high school, which we then donate to the PTSA for their scholarship fund.

Rachel's Challenge: Danielle Giordano - ext. 7005

Each day, 160,000 students do not go to school because they are bullied, teased, and harassed. By turning the story of a tragic death at Columbine High School into a mission for change, Rachel's Challenge is creating safer learning environments and making a world-wide impact.

At DV, the Friends of Rachel (F.O.R.) Club allows students to discuss ways of creating a positive learning environment in schools, share stories of personal triumphs and tribulations, play games for the purpose of building friendships and crafting a culture of kindness and compassion amongst a cohort of diverse peers.

Reading Team: Deanna Zarzecki - ext. 7377 and Alison Newman- ext. 7081

In the words of Joseph Brodsky: "There are worse crimes than burning books. One of them is not reading them." The Delaware Valley Reading Team give members the opportunity of encountering new books. Each team of approximately ten students is faced with the task of reading 45 books, ranging from The Great Gatsby to The Scorpio Races, and competing against other schools in a competition sponsored by the Colonial IU. Several teams from Delaware Valley High School participate in the Colonial IU Reading Olympics in the spring. Each member of the winning team receives a signed copy of one of the novels from the reading list.

SADD: Kim Orben- ext. 7098

Originally, the mission of the SADD chapter was to help young people say "No" to drinking and driving. Today, the mission has expanded. Students have told us that positive peer pressure, role modeling, and environmental strategies can prevent other destructive decisions and set a healthier, safer course for their lives. That is why SADD has become a peer-to-peer education, prevention, and activism organization dedicated to preventing destructive decisions, particularly underage drinking, other drug use, risky and impaired driving, teen violence, and teen suicide.

SASA: Kim Orben- ext. 7098

SASA envisions a world in which young people make positive decisions that advance their health and safety. SASA members help to distribute promotional items for Red Ribbon Week, the last week of October. They also hang up posters in the High School during that week to spread the positive message of living a drug abuse free life. SASA members also promote safety during prom by participating in a White Out day. At other times during the year, different messages are spread either through the announcements or through posters hung in the halls to discourage the inappropriate usage of drugs and alcohol.

Scholastic Bowl: Kevin DeVizia - ext. 1875

The DV Scholastic Bowl team offers students the opportunity to play in a quiz-bowl competition on both intramural and interscholastic levels. During the fall, Delaware Valley hosts an intramural tournament open to anyone interested in joining a team. Players only need to come for their afterschool matches on days that their team is scheduled to compete. The intramural league is a great way for new players to try out Scholastic Bowl.

Science Olympiad: Chelsea Ryder- ext. 7157

This club is for students who have a passion for science. Students work on individual projects or work to become experts in various realms of science. In the spring, they then compete in their subject areas against other schools at the Regional Science Olympiad competition to try and earn medals for their hard work.

Ski Club: Jenelle Gunderman- ext. 7339

The DVHS Ski and Snowboard Club will allow interested high school students to experience the thrill of learning to ski or snowboard, advance their existing skills, or simply enjoy an evening at the slopes with friends. The club will take five trips to nearby Mountain Creek in Vernon, New Jersey on Friday nights in January and February. Students will be transported by bus to the mountain immediately following the school day and will return to the DV parking lot by 10 pm.

Skills USA:

SkillsUSA formally VICA is a club open to all Career and Technical Education students. We provide opportunities for students to compete in a variety of leadership activities and competitions. They also are encouraged to compete in skills related competitions where they have the opportunity to test their knowledge and trade related skills. We have student competitors from the following Career Tech Programs: Automotive, Building Trades, Culinary Arts, and Electrical Construction. The students compete on three levels: District, State, and National. The average number of members of the SkillsUSA club is 25-35 students. This year we have 31 students registered with 22 students competing at the state level.

Sign Language Club: Amy Letwinsky- ext. 1842

The Sign Language club is a student-directed club and the overarching goal is to learn sign language and deaf culture in an immersion-like atmosphere.

Social Studies National Honor Society: George Gelderman- ext. 7090

This club is open to rising juniors and seniors who have demonstrated scholastic success, good character, leadership skills and have had community service experience. The purpose of this organization is to; develop and further a passion for social studies as well as; social studies related topics and fields through service in the community and; a promotion of leadership and a development of character within its members at Delaware Valley High School. The minimum GPA for social studies classes is an unweighted 3.50. The overall cumulative GPA is a minimum of a weighted 3.50. They should have also scored at least a 3 on 1 AP social studies exam. Rho Kappa will meet regularly to discuss the service activities that are designed to take place in the school or in the community.

Student Council: Crystal Wummer- ext. 7024

Student Council is an organization at the high school that provides students opportunities to develop citizenship, leadership, human relations and cultural values in their own school and the community. Student Council creates an atmosphere that promotes unity, enthusiasm, and pride as a student at Delaware Valley. Student Council works to promote student involvement in various activities and service projects. During the school year, members create student-based activities that promote a safe, fun, and organized environment such as Spirit Week and Homecoming. In addition, Student Council also finds ways to aid the local and global communities such as raising funds and assisting with projects in the school district community.

Activities include:

- Holiday Food Drive
- Homecoming King of Legs Collection
- Leukemia & Lymphoma Society

Students are required to regularly participate on different Student Council Committees to maintain active membership. Students interested in being a part of the Delaware Valley High School Student Council, should contact Mr. Krasulski.

TATU: Kim Orben- ext. 7098

The emphasis of the "Teens Against Tobacco Use" program is teens teaching younger children to make healthy choices about tobacco use. Our students also gain the knowledge and skills needed to make important changes in our community by being an advocate for tobacco control.

Wellness Club: Sean Giblin - ext. 7113

The Wellness Club is a student-centered club that raises awareness of various aspects of the wellness culture of our school. Students will generate ideas about modifying the nutritional offering of our breakfast/lunch/vending programs. The club will examine our intramural/club programs and further promote the ones we have and find ways to expand or create more opportunities to be active outside of traditional physical education classes and interscholastic sports.

Yearbook: Trish Kaylor- ext. 7703

Yearbook is an excellent opportunity for students to work together to capture the memories and events of the school year and provide their peers with a lasting memento that will bring cherished memories to life for years to come. This club is comprised of a group of very dedicated students who work diligently all year to complete the Delaware Valley High School yearbook on time for distribution in June. Often we meet on weekends and work during the summer so that the deadlines are met.

Zumba Club: Vivian Bruno ext. 4921

Open to all HS students for dance movement. Students are led by club advisor in Zumba to warm up and cool down; HS students choreograph and teach Hip Hop Dance for performance in community. We will include other dance modalities to diversify the club based on interest. This club is a fun way to meet other students, practice dance and reduce stress.