

By JULIANN WINKLER Managing Editor

Most people can relate to the late-night struggles in which unsolved homework problems and unanswered questions entangle their mind. However, this may be a problem of the past. Thanks to the Pike County Public Library's partnership with Delaware Valley School District, people of all ages will now have access to tutor.com, a free online program that can provide users access to a multitude of services including one-on-one tutoring, practice quizzes, job searching assistance and much more.

Any community member with a library card can access the many resources found on this program by visiting the library's website at pcpl.org and clicking on the link to tutor.com. This program, which can be accessed through any device, will allow students to get help from a trustworthy source or professional at any hour of the day even when help may not be available at the school or local library.

Services such as practice quizzes, SAT and ACT practice tests and self-study tools are available 24/7 and

the live one-on-one options, which consists of audio chat explanations to help guide the individual in the right or messaging, are available from 4-11 p.m. seven days a week. When utilizing the one-on-one assistance, tutor. com will connect users to an online tutor in no more than 90 seconds, and if there is anybody who does not speak English as their first language, this program is also offered in Spanish.

'The goal of this program is to allow everyone in the community to have access to a free education and aid from a reliable source. We don't want to put any financial burden on anyone so we believe this is the best way to accomplish both

of our objectives," director Rose

One of the many

services this program offers is a drop-off review in which students or adults working on materials such as essays, college and scholarship

applications and even difficult math problems have English, writing and even AP level courses. If there is review. The review will be completed and returned with Library is more than happy to help.

direction based on the reviewer's professional opinion.

"I think the one-on-one interaction is the best part of this program. Whenever anyone goes on the website in search of help, there will always be someone there who is dedicated to do so. They are not going to do your homework for you, which will most

likely be a disappointment for some people," said Chiocchi with a chuckle, "but they are going to help you learn the actual topics. It helps prevent students from struggling in class because they couldn't understand the homework the night before."

The core subjects that have corresponding tutoring options include math, science, social studies,

the opportunity to submit their work for an overnight any difficulty in accessing the website, the Pike County

## #DVPromposal2018 **Bell addresses snow days**

By BRENNA CAVALLARO Sports Co-Editor

## \* This article was printed on Thursday, March 1.

More snow days to break up these long five day weeks or more days off on hot Memorial Day weekend? This is the question everyone keeps asking themselves.

Given 11 snow days, DV has used nine of them so far this school year. With only two snow days left, there is no chance in recessing from school a week early in June, but if these days are not used up in these next few weeks of winter, DV students and staff may have a four-day Memorial Day weekend in May and or an extra day off during spring break.

According to superintendent Dr. John Bell, if these snow days are used up, the schedule will remain the same

**BROADWAY SHOW REVIEW:** Page 17

and the calendar will not change. If the school district exceeds the number of snow days built into the calendar, then days from spring break will be removed first

School dismisses on June 13 but graduation is not until June 15. Because school dismisses on a Wednesday and graduation is not until that Friday, DV has a bit of wiggle room to work with. Four days could actually be used for snow days before the calendar would have to change.

Before any final changes are made to the schedule, the school board must approve of the suggested alterations.



## BY MANDY XU **Opinions** Editor

said

Chiocchi.

library

With prom season approaching, students everywhere are getting creative

PRO

Sources acculturated

with the cutest, craziest and most extravagant proposals to reveal the big question, "Will you go to prom with me?" To get into

the prom spirit, the Del. Aware staff is holding a promposal contest to showcase creative proposals for prom.

First place winners will receive a pair of prom tickets, valued at 80 dollars (not including after prom experience). Second place winners will receive a \$25 gift card to the school store and third place winners will receive two DV magnets.

Winners will be selected by a group of teachers and will be announced the week prom tickets are being sold.

Participants are asked to send in pictures or videos of their promposals to the @Del. Aware via Instagram through

> direct message. Participants must allow the page to post their content in order to be in the running for the prize.

The contest is now open and available to all students attending DV. There is only

one entry per pair and any inappropriate content sent in will be automatically disqualified.

The deadline is April 27. Any questions, please see Mrs. Lordi in D4 or any member of the Del.Aware staff.

FEATURE NEWS ??



**AC**: Ariana Como (Interviewer) **DD**: David DeFreese (Interviewee)

AC: What is your daily routine like?

DD: First period is my graphic design class in which I have some friends in. Second period I have entrepreneurship, and then the next three periods I have Mrs. Angle. I can kind of relax at this time because Mrs. Angle allows us to have a great balance with our schoolwork. She always tells us to budget our time properly to do schoolwork, articles and any projects we're doing. For example, I especially had to budget a lot of time for my project with the middle school play that was in November. I was asked to design their posters and to do a high resolution version of their logo. After all of that, I work in the school store and go into English and math class. When I get home, I spend some time on the computer. I play games like Overwatch, and I still play ToonTown. I also work on my different modeling projects and my own types of programming and video games.

AC: What do you enjoy most about your day?

**DD**: I usually enjoy being able to come home and know I somehow accomplished something. I love being able to sit down, relax, play a good game, work on my own modeling and maybe talk to some friends.

**AC**: What do you enjoy to do on your free time?

**DD**: When I get free time, I like to do something different than the normal routine, like different things for FBLA. Sometimes I like to think of

David DeFreese

Senior David DeFreese has impacted DV with his advanced skills in programming and with computers, but the sky's the limit for him in the upcoming years. David plans to attend East Stroudsburg University to study computer science and has dreams of becoming a software engineer at Walt Disney Imagineering. –Ariana Como

something unique, creative or out of the ordinary that I can do. One time, I made a whole bot that ran a discord server. I messed with it enough to get it to be able to send out to the discord server whatever I tweeted out, which basically means that people could see on the discord server what I tweet, even if they don't follow me. Discord could be compared to Skype but better quality.

AC: What are your plans for the future?

**DD**: My plans are to go into computer science at East Stroudsburg University, but as a long term goal, I hope to eventually become a software engineer at Walt Disney Imagineering. These are the people who go out and work on the attractions at the various locations around the world. Sometimes they even have to be at a location for months to finish attractions and get them up and running.

AC: What has led you to take this path?

**DD**: Early on, I got really into computers, and I started to gain interest in making my own games. I wondered



then learned how to program on my own. AC: What has led to your interest in modeling?

how to do it and

DD: I would say it was all out of curiosity. There wasn't any real specific reason, but more of just me looking at games and animations and finding them so interesting. AC: How

did you play a

part in modeling DV's school store?

Freakshow

**DD**: When I modeled the school store, Mrs. Angle had originally said she was going to draw up a small little diagram of what the store would look like, but I said why don't we do something that would be a little more in depth. Why don't we do a model diagram of what we want this to look like. It's not the most detailed model in the world, but it has a lot of descriptive words in it in order to give the builders the concept of what we wanted since we were pressed for time.

**AC:** What are some other accomplishments you have had throughout your high school career?

**DD**: I have made it to FBLA Nationals twice. I have also gotten first place at the regional computer fair for PA, and I just received a gold key in the Scholastic Arts and Writing contest



for an animation I created, which is called Scionbot.

**AC**: What have you enjoyed most about high school?

DD: Having teachers like Mrs. Angle, Mrs. Cavallaro and Mrs. Sweeney who have been able to guide me in the right direction and help me with some inspiration. For example, telling me when I'm on the right track, but always offering help to just make sure that I remain on the right track.





# Semi-Formal "Show Up to Glow Up" results in fair turnout

Del.Aware - March 2, 2018

Science & Technology Co-Editor

On Feb. 23, Student Council held the annual Semi-Formal dance from 7-10 p.m. A total of 126 students attended, which was a greater turnout than last year's event. Snacks and games were available in the 9/10 cafeteria, and the dancing took place in the middle school gym.



Student Council members operate the concession stand as they sell refreshments, candy and chips to student customers.



Students take a break from the dance floor to enjoy a game of table tennis.

Sophomore Jonathan Schweitzer models his "Show Up to Glow Up" glow stick dance attire.





Students kick off the evening by conversing and enjoying the dance environment with friends.



# Wellness Club holds triathlon

**By ALICIA HOUSBY** *Circulation Manager* 

On March 4, the Wellness Club is holding an indoor triathlon for community members of all ages to participate in.

Participants may register early online or the day of the event. Cost of registration is \$20 for students and \$30 for adults. Athletes should arrive at 8:00 a.m. where they will receive a breakfast before the triathlon starts.

The event is split into three parts: running, swimming

and AMRAP, which stands for "as many reps as possible."

In the gym, athletes will run as many laps as they can in 10 minutes to complete the running portion of the triathlon. They will then advance to the swimming portion in the pool where they will swim as many laps as they can in 12 minutes.

In the AMRAP event, participants will be completing pushups, sit ups and other exercises. The objective is to get through a cycle of these exercises as many times as they can.

To name a winner, the numbers will be tallied for each participant regarding

the number of times he or she completed each activity. Winners of the event will be awarded with a variety of prizes. Gym teacher

and Wellness Club adviser Mr. Sean Giblin has high expectations for this year's event. "I'm looking

forward to seeing

the community come together to do something fun for a good cause," Mr. Giblin said.

All money raised is going towards the American Heart Association.

# **Inquiring Photographer**

"IF THERE WAS A NEW ELECTIVE AT DV, WHAT WOULD YOU WANT IT TO BE?" BY KAIYA DESTEFANO



"Office Management" Ciera Cavallaro Class of 2018







Katie Nagrowski Class of 2020



"Medical science" Abigail Babitz Class of 2020





"Poetry" John Ruzzano and Tyler Knoepfel Class of 2019

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# A vote for Trump is a vote for America

This is a response to the opinion piece from the last edition of the Del. Aware. We do not feel that all supporters of President Trump support racism, sexism and homophobia. We also want to express our displeasure that this vicious opinion was published in our school newspaper. We believe the article is based on fake news, and we believe it should not have been published in the school's newspaper.

Our opinion is that voting for President Trump was a vote for America. This is proven in his first year at office alone. When people say that President Trump is a racist, then why is black unemployment at its lowest in the last ten years? Total unemployment is also at a low of 4.1 percent and we have created 1.7 million new jobs under President Trump.

One of President Trump's major accomplishments was the empowerment of women. There are 18 women with high ranking jobs like the Ambassador to the UN and Advisor to the President.

We can also talk about how under President Trump the DOW hit a 25,000, the highest in history. Also, let's also not forget how under President Trump illegal border crossings have decreased by 76 percent. ISIS is also on the run thanks to Secretary makes us feel safe. Speaking of safe, let's talk about how under President Trump the United Nations has unanimously voted on sanctions against North Korea, a rogue state that is a serious threat to the U.S.

We strongly feel that it is wrong to state that "voting for Donald Trump was a vote against me. It was a vote against women. It was a vote against people of color." office and not at the fake news narrative the mainstream media desperately emits.

> MATTHEW MULLEN & DAVID BELL Class of 2018

# Taking action on preventing school shootings

After every mass shooting, the same cycle seems to happen: the news breaks, herds of people rush to post about how their thoughts and prayers are with the victims and their families on social media, people argue over the best way to prevent another mass shooting, people slowly forget about it and nothing productive actually ever occurs.

Columbine, Virginia Tech, Sandy Hook, Las Vegas, Pulse Nightclub, the list goes on and on. Unfortunately, tweeting that your thoughts and prayers are going out to the victims, although it is a kind notion, will not prevent the next shooting. Unfortunately, getting into arguments with friends and family over Facebook and Twitter, although it may feel productive, will not prevent the next shooting. Unfortunately, turning the safety of our nation's children into a political issue, as much as political parties love doing it, will not prevent the next shooting.

However, legislative action will prevent the next mass shooting. What will prevent

the next mass shooting is pushing our representatives to take action. Nothing will change if we do not. As a nation, take the action to make the change.

Whether you feel we need more gun control, better mental health services or improved school safety, you know that as a country we need to take action. So instead of tweeting your thoughts and prayers, getting into arguments over social media and letting your political party control your viewpoint, take action. If you feel we need reform, write to your representatives. If you feel we need better mental health services, volunteer with the National Alliance on Mental Illness. If you feel schools need better security, talk to your school board and superintendent.

Break the cycle of inaction, and be a part of the change our country so desperately needs.

> **EILEEN NIKLES** Class of 2018

# Respecting all opinions, not just your own

I read the previous opinions piece in the Del.Aware and all I can say is I was Mattis who was appointed by President Trump. We do not know about you, but that stunned. I am just an average person who is a Trump supporter, and within the two minutes it took me to read the article, all Trump supporters were accused of supporting racism, sexism, homophobic attitudes "and more."

The writer doesn't even know me; she has never said a word to me in her life and already dislikes me because (in her eyes) I am all of the above.

From reading this article, one can only guess the piece is written from a very liberal Please look at the real facts and President Trump's accomplishments in his first year in standpoint. And from what I know, liberals are all about "no labels" and not judging people for their beliefs. But after reading the article, a HUGE label was put on anyone who is a Trump supporter as being, once again, a supporter of racism, sexism, and homophobic behaviors. Seriously? How can somebody be so disparaging?

The last point I will make is freedom of speech. I believe one freedom we Americans are privileged to is the freedom of speaking our minds. We wouldn't have evolved as a country without it. Our founding fathers fought for this right. But, and a big but, with this freedom comes a great responsibility of having the decency of stating your opinion while respecting others. And I do not think calling other people who have their own opinions such cruel and harsh words fall under the guidelines as "respectful."

> LUKE RUGGIERO Class of 2021

# **Corrections from last edition**

Page 3 - Paige Collins, David Defreese, Jesse Umstead, Catalina Arrabito, Olivia Becker, Nicole Martucci, Samantha Fraulo, Alexandra Garcia, Heather Quadrino, Ashley Skrypek and Georgana Williams were not included on the list of Scholastics winners.





team

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has

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to

team

creating

costumes, props

and a skit as

well, but is also constructing

vehicle that can

members. Their

script is about how the brain

and the heart

lead the main

character on his

journey through

fit two

struggle

# Odyssey of the Mind teams prepare for Regionals

By Kiki Ruggiero World News Co-Editor

Since the month of October, the four DVHS Odyssev of the Mind (OM) teams, theatrical, vehicle, structure and technical, have been hard at work preparing for their regional competition at Pocono Mountain East High School on March 10.

These teams were tasked with creating an eight minute skit centralized around their specified prompt. The goal of each team's performance is to entertain the judges with the teams creative interpretation of each problem.

The theatrical team has been working diligently to create a humorous skit that involves aliens meeting up in a space hangout and going on a galactic quest. The team is currently working on putting all of the costumes and props together by themselves since outside help is forbidden. The team has

scenery, out of cardboard since it costs very little and it will hopefully be seen as an impressive, unique and eco-

friendly option to the judges. "What I like most about OM is the amazing bond

you create with your OM team throughout the seasons," said junior Gabby Quagliozzi. The vehicle



**Senior Dana Stroup and freshman Laura** Marguez place together one of the backdrops for their technical team. Photo by Kiki Ruggiero

decided to create everything, including clothing and life while instead they should be working together. They are constructing a team-made vehicle that has to complete various tasks while

having to be capable of moving forwards and backwards. They also built an eight foot diameter replica of a Lazy Susan that team members ride on as the set changes.

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The structure team is currently in the works of creating a script that is based off of animals having to leave their home. Made out of balsa wood and paper mache, the team is crafting a waterfall with working pipes that will pump water into a kiddie pool. They are also making a fish tank that poses as a sign and a totem pole made out of old book pages.

The technical team is required to create three "storyteller" emojis that tell the tale of the life of an emoji who was once famous but now is forgotten. Each emoji has a specific task that needs to be met and verbal sounds are not allowed at all in their performance. The story must be shown through a device that displays text messages. The team is busy creating structures and costumes made of yarn, melted crayons, pipe cleaners, toilet paper rolls and gum wrappers to fulfill their prompt.

We're a hardworking, dedicated team; we've been together for years and have good chemistry. We always have each others backs no matter what and we're going to rock it at Regionals," said sophomore Mike Giordano.

## **Book driv** e empowers many

CHOOL ST

**FBLA** members display some

## By COLLIN KAWAN-HEMLER World News Editor

Since January, over 2,000 books have been collected by FBLA. The books will be donated to two organizations that serve individuals with intellectual disabilities. The book drive is one part of FBLA's community service project for this school year called Project Ability.

By providing a vast collection of books to children and adults who struggle with reading and learning, FBLA hopes to educate more people in the community and promote their project's message of individual empowerment.

The book drive of the books collected from the the drive. depended on of the Contributed photo generosity community; picture

books, fiction and non-fiction books were donated by the elementary school, FBLA members, parents and teachers across the district.

FBLA was so surprised by the great deal of support they were given that finding a place to bring all the books was almost a concern. Eventually it was decided that the

Center for Developmental Disabilities (CDD) in Milford, and Cori's Place in Scranton would receive the books.

CDD provides early childhood educational, therapeutic, behavioral and family support services for those with developmental delays and disabilities.

Cori's Place is an agency that strives to help adults with intellectual disabilities

create a better life with programs that foster growth and learning.

The effort has been headed by senior Eileen Nikles who pitched and developed the idea.

We are really pleased with the outcome. The number of books we got exceeded our goals. We're excited to make an impact," Nikles said.

Junior Emily Jacobus described how the chapter is looking forward to share their accomplishments

with Pennsylvania FBLA at the state conference, which is in early April.

"They took this from a different approach than past community service projects, and I think they went above and beyond," FBLA adviser Mrs. Maura Angle. said.

# **Puzzle Fun**

The '90s was a decade that introduced a lot of fashion trends, toys, gadgets, television shows and music. In the puzzle below, unscramble these '90s throwback words that can be found in this issue's centerspread. The first person to submit the correct answers via e-mail to the.del.aware@gmail.com

will receive a prize. Last issue's winner: senior Anton Mackey



Del.Aware - March 2, 2018 **School News** 

# **NAHS** committee promotes Black History Month

**By Emily Jacobus** News Co-Editor

A special committee in NAHS recently decided to

create a board, located at the top of the R-pod ramp, for Black History Month to bring awareness to and appreciate black artists and activists.

The committee is composed of sophomores Abigail Babitz and Abigail Reno, as well as juniors Kiki Ruggiero, Julia Thompson and Adrianna Mojica.

Ruggiero took the lead and proposed the idea to NAHS because these artists have always greatly inspired her. She thought the best way to bring attention and appreciation for both Black History Month and African American art in the high school

would be if NAHS members created a board to celebrate African Race is a rubber ball, you dash it to the ground, and visualize their artwork through the ages.

"Our essential end goal was to create a visual display with such inspiring artwork is truly an

incredible feeling," said Ruggiero.

"Even if only one person takes enough time to appreciate and understand underlying our message, it would

still result in such an overwhelming amount of accomplishment."

rise."

A significant feature of the board are quotes from famous figures such as Frederick Douglass, Maya Angelou, Martin Luther King Jr. and one that was noteworthy was from an African proverb.

"The The proverb states,

In February of 1926, Carter G. Woodson launched that properly celebrated the history of black activists "Negro History Week," this was to concur with Abraham and artists. To be able to see that vision be put to life Lincoln and Frederick Douglass's birthdays. Thanks to the

> civil rights movement this week evolved into a whole month. Now ever since 1976, every U.S. President has devoted the month of February to Black History Month and each president has

endorsed a certain theme.

"The African Race is a rubber ball,

you dash it to the ground, the higher it will

This year's theme is "African Americans in Times of War," to resonate with the 100th anniversary of World War I and to honor the role they have had in warfare.

- African proverb

Ruggiero said, "I believe that every school should be bringing awareness to the struggle and passion all black citizens have gone through. To spread a message of overall unity despite racial barriers and appreciation for the vast amount of cultures this world possesses is a message that every student should hear and preach."

the higher it will rise." Peer Buddies compete at Winter Games

By MORGAN GIFFORD News Co-Editor

On Feb. 12, the Peer Buddies wrapped up another successful skiing season at the Area P Special Olympic Winter Games.

Student athletes and volunteers were bussed up to Big Bear Ski Resort to compete in the event. One hundred and thirtyathletes five from Area P, which serves students from Pike, Wayne, Lackawanna, Susquehanna and **Counties Student athletes junior Victoria** Wayne competed in the events. Featherman and senior Katie Leon

The day kicked off enjoy their time skiing after their with Special Olympics competitive races. coach Mr. Eric Kudrich Photo by Morgan Gifford introducing the events for the day, the Flame

of Hope being lit and the Special Olympics Oath being read.

Students and adults from the community gathered at their specific skiing events based on their skill levels. Skiers were put into the groups with tracks on the slide, beginner, intermediate and advanced slalom slopes.

Athletes who did not ski participated in the snowshoe race where they snowshoed along the slide trail for their event.

We are very proud of the [snowshoe]

program, it is a new event that has been developing at DV," said Special Olympics Coach Ms. Linette Pousley. Student

volunteers helped at the competition by aiding the younger athletes in the races to help get them down the mountains or they helped keep and record times for the races.

"I was very

excited for this skiing season because 1 wanted to get better and do better. During the off season I want to work out so I can better myself for next year. My goal is to one day go to the World Special Olympics," said junior athlete Dominique Dunn.

# **Musicians excel at Wind** Celebration



On Feb. 2 and 3, eight student musicians traveled to Marywood University to celebrate and showcase their musical talent at the Marywood Senior Wind Celebration. Upon arrival, the eight students auditioned for a spot in three available bands. Musicians were able to perform as a part of the honors band, the stage band or the Latour band, Senior Matthew Schaefer, juniors Xavier Pick and Melissa Kelleher all qualified for the honors band. Juniors Maksymilian Henzel-Kedzior, James Rogers, sophomore Clorinda Petrillo and freshman Jore Bagdonas all were placed among the stage and Latour band. Once the bands were decided the students worked with other musicians and conductors and performed at Marywood University for the college and their family members. Photo and caption by Maeve Dowd



exhibits her painting that is now

displayed on the bulletin board.

Photo by Emily Jacobus



The jazz band competed against five other schools,

two of which also

received an "excellent"

three schools received

and will move onto

the finals round in

the jazz band played

was "Bugle Call Rag"

Holman. The song

featured soloists senior

on drumset, Bookey

trumpet

Zhivkovich on tenor

The first song

by

Mentnech

rating.

March.

arranged

Paxton

freshman

on

"superior"

The other

ratings

Bill

and

Danny

**By Melissa Kelleher** *Staff Writer* 

On Feb. 18, the Delaware Valley Jazz Band competed at the preliminary round of the Steel Stacks High School Jazz Band Showcase. The jazz band received an "excellent" rating along with the "Best Trumpet Section" award. Junior Theo Bookey earned the "Best Jazz Brass Soloist" award.

The jazz band missed earning a superior rating by two points, which would have brought them to the finals round on March 11.

"We got what we earned," said jazz band director Mr. Joseph Borell. "We'll work

harder to strive for the superior rating next year... I am extremely proud of their performance. They performed at the highest level in the school's history in my opinion."



Junior Theo Bookey accepts his award for "Best Jazz Brass Soloist."

Photo by Melissa Kelleher

saxophone. "Bugle Call Rag" was followed by "Samantha" composed by Sammy Nestico, the jazz band's ballad. "Samantha" featured senior Alex Coelho on alto

Where are they now? Eric Winkler

**By BRENNA CAVALLARO** Sports Co-Editor

Delaware Valley 2014 graduate is now an analytical chemist at an environmental lab in Alaska. After graduating second in his class at DV, Eric Winkler attended Coastal Carolina University in South Carolina where he majored in marine biology. He graduated from CCU with a Bachelor of Science degree in marine science and a biology minor in December of 2016.

Winkler was able to graduate a year and a half early from college because of the many AP class credits that transferred over from high school.

"Eric was an exceptional student in my biology classes, and I am not surprised to hear that he has continued to be successful in biology," said Mrs. Amanda Pope.

After college, Winkler took on a job more than 4,000 miles away from home.

Now living in Anchorage, Alaska, Winkler works in a Standard Global Services (SGS) lab. SGS is a multinational company headquartered in Geneva, Switzerland which provides inspection, verification, testing and certification services. It operates over 2,400 offices and laboratories worldwide.

When Winkler first took the job at SGS, he mainly worked in the semi-volatile department preparing samples for analysis on gas chromatograph and mass spectrometry instruments. The samples he prepared could then be analyzed for the presence and concentration of various compounds, like diesel organics, sulfolane and pesticides.

He currently works in the waters department and

is the primary analyst for solids, COD, sulfide, color, turbidity and hexavalent chromium. Winkler is also a backup analyst for total and ortho-phosphorus, TKN, ammonia, cyanide, nitrate / nitrite, and oil / grease content.

lab, Outside the Winkler enjoys his neighborhood in Anchorage and his new Alaskan lifestyle. Compared to Milford, his town is larger, but still considered a town atmosphere rather than a major city since it has very few multi-story buildings.

The weather is also very similar to Milford weather, although, Anchorage **University.** 



Eric proudly displays his President's Award from Coastal Carolina University. Contributed Photo

saxophone.

The final song the jazz band performed was "Malagueña" arranged by Bill Holman. The song featured soloists junior Ashton Forichon on trombone and Zhivkovich on tenor saxophone. A mellophone section and a bass saxophone were also added for this song.

Mr. Borell chose these songs to show the contrast in the different styles that the jazz band can play along with their different strengths. In this competition, the judges were generally looking for one swing song, one ballad and one song of a different genre like latin or funk. The group has been practicing for the competition since November.

The judges rated the bands based on their style, intonation (how in tune the band is), articulation (how a note is played) and improv ability.

According to Mr. Borell, the jazz band's strong points were their sense of style, intonation and their ability to be precise with their rhythms. The weak points they'll be working on for next year are their articulation and their ability to listen to each other and adjust.

"I'm glad we won so many awards," said Coelho. "There's a lot of room for improvement, and I wish I could be here for it [next year]. I am happy with where we are."

records a bit more snowfall and the winter days are much colder. Winkler says he remembers the coldest morning being -7 degrees.

The most drastic difference he notices between

home and Alaska is the amount of daylight. During the summer, there are about 18 hours of daylight.

Winkler is planning to attend graduate school after he completes his work and lab experience in Alaska. What he studies and the degree he would go for depends on the school he attends because each graduate school tends to have slightly different programs. He will ideally incorporate biology and chemistry in a marine environment for his graduate degree.

Winkler urges students to follow their goals and accomplish all they strive for.

"As for following dreams, everyone should work towards what they want, but it doesn't hurt to take some precautions in case things do not immediately go as planned," said Winkler.

He did not plan on living in Alaska, but Winkler has followed his path 4,000 miles from home and intends on continuing his journey in the future of science.

Congratulations to juniors Brian Lee, Esther Lee and senior Cindy Li for making regional symphony orchestra. Page 7



# Combo 11 students sweep top three spots in Rotary contest

Tabitha Brengel, Centa Quinn and James Dzichko write about making a difference in today's society.

## By Kirsten Dunn

Community News Co-Editor

Juniors Tabitha Brengel, Centa Quinn and James Dzichko took the top three spots respectively in this year's Rotary essay contest.

All three students are members of the Combo 11 class.

Brengel's essay will be sent on to the District Rotary level for the next round of judging.

This year's contest was open to all junior and senior students in Pike County and students were asked to explain how to make a difference.

Some students explained how to make a difference while some explained how a person in their life has made a difference.

The winners were honored with a luncheon at Balch's Seafood Restaurant and will also receive a cash prize.

The three winners went to the luncheon with assistant principal Mr. Jayson Pope. They each read their essay to the Rotary Club members.

Shocked by her first place win, Brengel expressed how she enjoyed being able to write about a topic she has never written about.

> "This [contest] inspired me to tell my story and make other people comfortable with telling their story," said Brengel.

life.

"This [contest] inspired me to tell my story and make other people comfortable with telling their story."

- Junior Tabitha Brengel

humbled to win second place. Quinn's essay explained how there would be a difference in the world if people were kinder to one

another. Dzichko enjoys writing and really put effort into writing his essay. He wanted to write the essay to win

> and not just for the grade. He also noted how he loves how all the winners came from his Combo class.

In Dzichko's essay, he explained a ripple effect throughout the world, that if people spread kindness it will make a difference in today's society.

"I am very pleased that they were recognized for their hard work and dedication to writing about how to make a difference in today's society," said Combo 11 English teacher Mrs. Leslie Lordi.

# DIY treats to try this St. Patricks Day

## **By MANDY XU** Opinions Editor

Want to try some new recipes to spice up this upcoming Saint Patrick's Day? Here are some fun DIY treats you can make in the comfort of your home.

### Shamrock shake

McDonald's seasonal shamrock shake

only comes once a year, but not anymore! With this easy recipe, you can make your very own shamrock shake all season long.

Ingredients you will needone cup of vanilla ice cream, half cup of milk and a dash of peppermint extract. Optional, green food coloring, whipped cream, and cherries.

First, grab your blender and place all your necessary

ingredients in the blender and mix them together. Then gather your optional ingredients to assemble your very own shamrock shake!

Mint chocolate chip cookies

With the right amount of mint the traditional chocolate chip cookie is a delicious treat is perfect for Saint Patrick's Day!

shake couple drops of food out one dough ou bake the until coo Lucl This

Winners of the Rotary

Photo by Kirsten Dunn

world.

**Contest explained how to** 

make a difference in the

Ingredients you will need- boxed chocolate chip cookies, butter, 3 eggs and 2 teaspoons of peppermint extract. Optional, green food coloring.

Preheat the oven to 350 degrees. Then mix together a regular batch of boxed cookie mix along with the eggs and butter. Add the peppermint extract along with a couple drops of food coloring. Then, roll

out one inch mounds of the dough on a cookie sheet and bake them for 10 minutes until cooked.

### Lucky bars

This magically delicious treat is not often denied by kids nor parents. Ingredients you will need- four cups of Lucky charms cereal, twothirds cup of marshmallows, and two tablespoons of

butter.

First melt the butter and marshmallows in a microwave safe bowl in 30 second intervals for two minutes. Then, mix your cereal with the marshmallow mixture. Lightly spray a coat on a pan and pat down your cereal mixture on the greased proofed pan. Hack, wet your fingers to prevent sticking.

# New courses introduced for upcoming school year

**By Morgan Gifford** *News Co-Editor* 

In Brengel's essay she told her story

Quinn enjoyed sharing her ideas and

of having divorced parents and how her

step mother has made a difference in her

putting her voice out there. She was honored to win and

With students beginning the scheduling process for the 2018-2019 school year, new courses have been introduced for students to expand their horizons and take more complex classes.

Two new courses are being introduced; a mathematics course, AP Computer Science Principles and a business class, Accounting APBP. AP Computer

Science Principles will focus on projectbased learning, c o l l a b o r a t i o n,

communication, creativity and critical thinking.

The course will also emphasize

the use of data and information, algorithms and global impact.

In the course, students will be required to complete two performance tasks and a multiple choice assessment at the end of the course. The class will be open to all sophomores, juniors, seniors and any freshman that have passed Algebra 1 in eighth grade.

In Accounting APBP students will learn how businesses plan and evaluate their operating, financing and investing decisions. They will also learn about how accounting systems gather

and provide data for internal and external decision making.

This course is open to all students going into 11th and 12th grades. Students who enroll in the course should have strong analytical, logic, reading and critical thinking skills.

The course is not an AP, but it is equivalent

to one as it contains the same learning objectives as college financial and managerial accounting classes. The class receives the same weight as an AP, and all students are expected to take the final qualifying exam.





## Student artists debut artwork in ARTery **Restaurant Review:**

By TARA VECCHIO Arts & Literature Co-Editor

For the seventh year in a row, art students from Delaware Valley high school have had the chance to showcase their dedication and time spent on their artwork for themselves and the community to appreciate. This year's ARTery show will be held on March 10 from 6 to 9 p.m. at the ARTery in Milford.

When the gallery approached DV with this opportunity, the art teachers knew they couldn't pass on it. It is not very often that high school students are allowed to showcase their work in a professional setting, and the teachers knew this would be a huge step for the art program.

"There is nothing as special seeing your artwork in a as public professional setting. It [the artwork] takes on a whole new life and breathes in a new air," said art teacher Mrs. Christine Sweeney. All art teachers recruit their

mal of the Month

By KIRSTEN DUNN Community News Co-Editor

When walking into the Pike County Humane Society you are welcomed by friendly staff and the barking of dogs in their cages.

Out of the all the dogs this month, volunteers wanted to showcase Tarzan, a doberman pinscher and pit bull terrier mix. He is extremely friendly, loving and affectionate. Being only around 6 years old, he has tons of energy.

"Tarzan loves playing outside and enjoys playing with tennis balls. He just wants to be around people," said Humane Society worker Barbara Adelhock.

He and another dog were brought to the shelter in June of 2017. They were both stray dogs. They think the dog he was brought in with might be his mom, but they do not need to be adopted together.

Tarzan is great with



opportunity for the upperclassmen to share their work one last time before

Mrs. Sweeney.

but the art teachers try to make sure the selected pieces vary subject in matter, medium and technique as much as

Any artist in the high school is able to present they believe is their best artwork. We encourage younger students submit artwork to give them a boost of confidence and give an

graduation," said

There is not a specific theme for the show,

current or past students to submit possible. Approximately 50 pieces from students are displayed in the gallery ranging in prices from \$50 to \$150 depending on the artwork.

> About 10 to 15 percent of art pieces are typically sold and those that are not, will be returned to the school for the artists to have. However, this is mainly an opportunity for students to experience their artwork in a gallery as opposed to having the goal of selling a piece.

> "The ARTery show is a great chance for artists to share this experience with a student they may have never crossed paths with before and it's priceless for the students to overhear a perfect stranger commenting

on their work," Mrs. Sweeney said.

The gallery will be open to public and the all students are invited to attend and bring friends family or to support fellow students. art Refreshments will be served.

other dogs but before being adopted they will need to do a meet and greet. Workers are unsure about how he will interact with cats but are willing to test him out with them.

His vaccinations are up to date and he is neutered. Also he walks well on a leash and is very clean in his kennel.

Although Tarzan had a toe amputated, it a short line to order our food does not inhibit him in any way.

He has a soft fur coat that would be perfect for cuddling. He loves attention and occasionally likes to lick your face.

If one is unable to adopt a pet, you can sponsor one of their adorable animals. information, For more you can visit www. pikecountyhumanesociety. com/adoption.

Besides adopting an animal from the shelter, the Humane Society would also love donations of food, toys or anything related to animals and their care.

## By Ariana Como Arts & Literature Co-Editor

Ryan's Deli

Earlier this vear. Ryan's Deli in Lords Valley was relocated to provide more space for a new and improved restaurant. As I walked into the restaurant, I noticed immediately that to say "improved" is an understatement in comparison to the restaurants' old location.

Not only was there a great deal of space, but also there was a modernized look to the new place. However, the great food and friendly atmosphere did not change a bit.

Usually, а deli is open at early hours and closed in the late is convenient that customers. Ryan's is open Sunday through

Monday from 6 a.m. to 7 p.m. on weekdays and from 6 a.m. to 8 p.m. on weekends. Rather than just providing you with the feel of a typical delicatessen, there is a place to sit down and enjoy any meal of the day.

A friend and I waited in because of the fast working and attentive employees. We ordered chicken caesar salads with a side of green bean fries.

We were able to sit down in the dining area at a table of our choice as we waited for our food to be brought to us. The salad was a perfect portion size for a midday meal and was not drowned in too much dressing. What really impressed us were the green bean fries. The fresh green beans were fried in the tastiest breadcrumbs and allowed us

to have a healthier alternative than the usual french fries.

My meal came out to be a little over \$15 with a drink included. Although this may seem pricey, the amount of food and quality of the food was worth it.

It seemed as though many people would agree by the looks of the smiles on customers faces, the amount of customers and the friendly



The new Ryan's Deli serves the same quality food but creates afternoon, but it an improved atmosphere for

environment.

"I had a roast-beef sandwich, and it was one of the most delicious roast-beef sandwiches I've ever had. The staff was very friendly and welcoming as well," said junior Emily Jacobus, a customer of the restaurant.

After talking with an employee of Ryan's Deli, senior Christina Nagrowski, it is evident that the restaurant is also a pleasant place to work.

"Ryan's Deli is a great place to eat and work because we have personable staff, the food is made-to-order and the prices are affordable," said Nagrowski.

This may have been my first time visiting the new Ryan's Deli, but after this first impression, I know I will be visiting the restaurant again in the near future.

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**Del**.Aware

The '90s: Then and Now

### BY SHELBY BRITTAIN Entertainment Editor

The saying "everything

when it comes to the music industry. Even though from hard rock to dancing hip-hop to slow love the '90s are in the past, the music from that time songs to rap- each type of music portraying its own period is still listened to and loved by many people. aspect of life. One thing that has not changed since the '90s is how music is a way of life and overall, a universal advanced in multiple ways as well. Today, we use language

storm the radio, but some of our generation's favorite used today are Spotify, Pandora and Apple Music. hits are actually from the '90s. High schoolers and In the '90s, the radio and the Sony Walkman were teens are listening to iconic bands like the Spice popular ways to listen to your favorite hits. The Girls, Weezer, Nirvana, Red Hot Chili Peppers and radio is still listened to by many people throughout the Goo Goo Dolls now in 2018.

As for hip-hop in the '90s, the style started in the streets and worked its way up to bigger crowds for a variety of reasons. The time period of the and venues. This style of music played a huge role '90s will always be remembered, and today's music in the way people dressed, as well as other styles of industry will continue to change.

According to junior Brenna Cavallaro, "Music

ver dies."

Many people will agree to this statement, but even though music may never die, it

comes back around" is a total understatement certainly does change. The musical beat has shifted

Devices that are used to listen to songs have anything from cell phones to aux cords to light up Today, rap music and hip-hop may seem to water speakers. Some popular music apps that are the day.

People may argue that either decade is better

## **By BAILEY FEDUN** Staff Writer

Technology through the '90s introduced inventions that have blown the of many. Today amazing technological advances such flying robots (drones), humanoid robots and self-driving cars sweep the streets, but at the time, the '90s, technology was making a name for itself.

minds in the as

Technology

a big hit

Commonly seen as the age of technology, the '90s introduced technological advances that have an impact in today's society. Alterations to the cell phone were being made that increased its use dramatically, making people more dependent on the cell phone itself when it came to means of communication. The bulky and inconvenient mobile phones were morphing into smaller, skinnier and more convenient devices that fit into a jean pocket.

The floppy disk was an innovation that has been modified to keep up with current times. The disk itself was created in 1972 and was a popular medium for around 40 years until the mid-1990s when high speed computers were making a debut. Today CD's have taken the place of the floppy disk but are

What seems to be an essential technological advancement that impacts society is the world wide web which was created in 1990 by Tim Berners-Lee. Tim's goal was to create a "global informational system that was based off of a network or web of hyperlinked documents comprised of hyperlinked documents that comprised of multimedia such as graphics, audio, and video," as said by website writer Tuan Nguyen.

a Playstation 4 Pro.

# Television and Film

### By MELISSA KELLEHER Staff Writer

Famous '90s television shows from being brought back as well. sitcoms to cartoons are coming back as new shows, movies or even books.

some '90s sitcoms already such as "Full first season of the reboot (along with all four House" with the new show "Fuller House" seasons, with a fourth season scheduled to has not yet been confirmed. come out as early as the fall of 2018. The first that a season two will be made.

scheduled to come back on March 27. The sometime in 2018. revival is scheduled to only be one season and John Goodman as Roseanne and Dan the show's final episode.

#### Conner.

Sitcoms are not the only television shows returning, with many '90s cartoons

"The Magic School Bus" has been brought back by Netflix in the new show You may have noticed the revivals of "The Magic School Bus Rides Again." The seasons of the original show) are available on Netflix and the new "Will & Grace" to watch on Netflix for anyone wanting the on NBC. "Fuller House" already has three nostalgic feel of the '90s. A second season

"Rocko's Modern Life" is another '90s season of "Will & Grace" premiered during cartoon that is coming back except this the fall of 2017, and NBC has confirmed show will be reappearing in a one-hour movie special. "Rocko's Modern Life: Static Along with these sitcoms, "Roseanne" is Cling" will be premiering on Nickelodeon

Not all shows have to be revived on consisting of eight episodes, but if it is television though. "Buffy the Vampire successful enough, more episodes could be Slayer" will be returning as a book series made. Many members of the original cast titled "Slayer" sometime during the fall of will be returning including Roseanne Barr 2018. The book series will tie directly into



**Del**.Aware



# Toys and Gadgets

By Emma Garrera

Science & Technology Co-Editor

The '90s decade was filled with odd toys and Although the toy line strange gadgets that often bring about nostalgia. The was released in 1989, gaming systems, toys and gadgets seem so foreign the toy's popularity to today's consumers because they have either been skyrocketed in the early updated or refined.

A toy that is fondly thought about is the furby. These fluffy little creatures could speak their own is planning on making a comeback 30 years after its "furbish" language. Over time, the toys were supposed original launch. to adapt to and mimic the English language.

"Hatchimals" was recently high in demand. These Tamagotchi. This gadget was released in the mid-90s robot animals actually hatch out of a plastic egg. You and has become one of the biggest toy fads from the can then teach the Hatchimal how to walk, talk and decade. play games.

in the '90s is none other than the Nintendo Game However, in recent years, the Japanese toy maker Boy. Although the original Game Boy was released Bandai brought back the Tamagotchi toy 20 years in 1989, the pocket-sized gaming system was a very after its original release. popular toy of the decade.

recent gaming system the Nintendo Switch.

popular '90s toy was the Polly Pocket. mid and late '90s.

In the near future, the Polly Pocket toy

One of the most memorable out of all of the In today's toy industry, the popular toy called '90s toys is the handheld, pocket sized pet named

Now, in the 2010s decade, Tamagotchi has made One of the most popular gaming commodities a reappearance in the form of a smartphone app.

These toys and gadgets were so popular in the Since then, Nintendo has upgraded to its most '90s, they have made an influence on modern day toys and are still used today.

commonly known for being the basis for technology through a disk. As seen in "Home Alone 2," the Talkboy was released by Tiger Electronics early 1990s and automatically became being that it allowed people to record their voices and play it back. Also, it gave the opportunity to slow the recording down, allowing it to become a hit on Christmas

The original Sony Playstation was released in 1994, which has been modified multiple times, making it a constant activity amongst today's youth population. After many years of upgrading from the original Sony Playstation, there is currently

The '90s was the basis for a better future of technology, offering new ideas and inventions that make daily life easier.



# **Fashion Trends**

## **By ALICIA HOUSBY**

Circulation Manager

Today, many fashions from the '90s are coming look. back into style.

Both men's and women's styles from the '90s hobby of the '90s, also had its own are making a reappearance today among celebrities style to go with it. Still seen today, this style and everyday people.

Trends in clothing and accessories are being used as a style on their own.

Seen in the grunge style of the '90s, pieces Birkenstocks, mom jeans and ripped jeans. More

category. These fashions ogether.

> The preppy style tops. was also popularized Guys would wear khakis and boat shoes Forever 21 stores. while girls would wear

plaid. Although there isn't much plaid today, many males do sport this

Skateboarding, a popular includes wide-legged pants, T-shirts and Vans.

Accessories such as chokers, scrunchies and seen paired with today's styles and are also being small backpacks are also widely popular among girls again.

Velvet shirts are also coming back into style. that are making a comeback are oversized sweaters, Tank tops are especially popular in today's fashion.

Bodysuits are a staple for many girls. They are common to both genders are sometimes paired with high-waisted jeans, which flannels from this style are also coming back into style.

A popular trend that has been seen in '90s are often seen paired pop culture and has been seen a lot among young women today is off-the-shoulder tops and crop

Another random style that is showing itself during the '90s. again is the slip dress.

Many of these returning styles can be found in

**W**orld News

# Marines sent to East Asia

BY ELIZABETH E Staff writer

The Trump administration has decided to soon boost its military presence in East Asia in large part due to impending threats made by China.

The Pentagon plans to draw down its deployment to the Middle East and increase its deployments more towards East Asia (China and North Korea). The move would be among the first palpable steps by the Trump administration to expand the U.S. military presence in Asia after announcing its National Defense Strategy.

While this plan comes during the nuclear stalemate with North Korea, it does not serve as a build-up for war. It serves more as an approach to how the U. S. will position itself over the next four years based on threats that may come.

There are already about 50,000 U.S. service members occupying Japan, including about 18,000 Marines. There are another 29,500 American service members in South Korea and about 7,000 more in Guam, according to U.S. military officials.

These marines are deployed as a quick reaction force and are capable of air, sea and ground combat, as well as rescue, logistical and support operations.

"We have to be present and engaged to compete," General Robert Neller said.

Japanese citizens are pleased with the increased forces that are to be added. They believe it is another barrier of protection to their country from the constant nuclear threat from North Korea. Pentagon officials hope this action persuades other Pacific nations to follow in their footsteps.



The US has an extensive foothold in the Western Pacific.

# Presence in Niger grows

**By KAIYA DESTEFANO** Sports Co-Editor

Many Americans may be unaware of the United States' military involvement in Africa. There was an ambush earlier this year that took three U.S. soldiers' lives and wounded two others in Niger. It is not known for sure what the cause of the attack was, but the Nigerien soldiers have been fighting with jihadist groups like al-Qaeda in the area where the attack took place.

The U.S. soldiers who lost their lives in Niger were helping Nigerien troops fight off terrorists, which was a part of the effort by the U.S. military to help track terroristic groups.

The United States has had a drone base in Niger's capital to monitor the movements of al-Qaeda and Islamic State-affiliated groups who travel back and forth from the Mali, Nigeria and Chad borders.

U.S. troops are currently occupying Agadez, Niger, which President Donald Trump plans to place a drone base in. Prior to this, former President Barack Obama

planned to open a second U.S. drone base in the nearby country of Mali. The new drone base will be the newest small

base found on the African continent. This base will house specialties such as special operations forces, logistics personnel, aircraft and trainers.

The U.S. also has a drone base in Djibouti, located on the horn of Africa, which allows U.S. forces to launch airstrikes into Somalia and Yemen.

As tension rise, U.S. involvement is projected to increase.



U.S. soldiers take a knee while on duty in the battle field of Niger.

# More than 15,000 troops active in Afghanistan

By CARLY NAUNDORFF

Science and Technology Editor

The Associated Press reported that the U.S. military could soon have 16,000 troops in Afghanistan, as hundreds of U.S. Army trainers are expected to be deployed there in the spring of 2018.

In August of 2017, President Donald Trump said 4,000 more troops would be sent to bolster the fight against the Taliban. Those troops have now arrived, bringing the total number in the country to around 15,000. Previously, the Pentagon had only acknowledged that 11,000 U.S. troops were stationed in Afghanistan.

As part of a new strategy that the president announced along with the troop increase in late August, President Trump has given Defense Secretary James Mattis, a retired Marine general, broad authority to adjust troop levels in Afghanistan based on military requirements.

President Trump's new Afghan strategy and the autonomy he has granted to the Pentagon on airstrikes and other operations resulted in a 50 percent increase in civilian



U.S. Army oversees training of Afghan soldiers in Helmand Province.

casualties in Afghanistan compared to last year, according to the United Nations.

"We will also expand authority for American armed forces to target networks that spread violence and chaos throughout Afghanistan. These killers need to know they have nowhere to hide," President Trump said in late August.

# Drone warfare increased

**By Kiki Ruggiero** *World News Co-Editor* 

The first military use of UAVs, or better known as drones, occurred during World War II and were used to inconspicuously release bombs over Germany. Ever since these strikes, military drones have become a strategic and deadly tool for many countries, especially the U.S.

Unmanned Aerial Vehicles (UAVs) are aircrafts that are controlled by remotes and computers rather than onboard pilots. Because pilots can control these devices from homebound military bases, the risk of U.S. fatality in bomb strikes is exceptionally low. Plus, drones are significantly cheaper than sending troops into other countries, which can cost almost \$2 million per soldier while drones only cost about \$3,000 per hour of flight.

UAVs have played a critical part in the U.S. military system and government ever since their invention. During the War in Afghanistan, the CIA launched a predator drone in 2002 and struck the province Praktia in hopes of targeting and killing Osama Bin Laden. Soon they were engineered to carry missiles and are now being used in strikes over the Middle East. Other countries use drones as a form of surveillance and trickery over enemies. The Israeli Army, for example, issued drones to hover over Lebanon during 1982 to pose as decoys.

have

US AIR FORCE

The future of UAVs can be seen as deadly but also convenient. They

reinvented the art of aerial combat and are also being used for police surveillance as well as recreational play. Along with the rise of these aircrafts, numerous laws regarding privacy and use are being formulated, so the extent to which UAVs are used in the U.S. is indeed limited. World News

2018

# Russian doping scandal continues at Olympics

By SARA SERRANO Circulation Co-Manager

As of early December, the International Olympic Committee decided to suspend the Russian team from this year's Winter Olympics because of athletes cheating by using performance-enhancing drugs.

All Russian athletes competing in the Pyeongchang Olympics are not allowed to compete under their country's name. They are performing under the OAR title which stands for Olympic Athletes from Russia. When competing, they are represented under the Olympic flag and can have no Russian flags on their uniforms. If a Russian athlete wins a medal, the Olympic anthem will be played in place of the Russian anthem. The medals these athletes receive are not counted towards Russia. Their 41 Olympic medals have been stripped from them and counted towards the Olympic Games. This is another repercussion resulting from their doping violations.

It all began after Russia won 33 medals at the 2014 Sochi Olympic Games in Russia. Urine samples had to be taken to see if there were any enhancements in their



**Russian curler Alexander** Krushelnytsky is caught doping at this year's Winter Olympics.

performances, and during that Olympic game, 28 Russian athletes tested positive for doping. Once this was seen, Richard M. McLaren, an investigator for doping indicated PyeongChang that there was not just widespread doping at the Olympic Games in Sochi, but possibly the 2010 Winter Games in Vancouver and the 2012 Summer Games in London as well.

Alexander Krushelnytsky was the first Olympian from Russia who underwent investigation at this year's Winter Olympics.

He received a bronze medal in a mixed doubles curling competition with his wife but jeopardized the medal for both of them after failing a doping test. He immediately left South Korea after this. After doing a urine test, Krushelnytsky had traces of meldonium in his system. This drug is used to increase blood flow but has been banned since 2016.

The International Olympic Committee was discussing allowing Russia to walk under its own flag at the closing ceremony on Feb. 25, but after this investigation went underway, they reconsidered.

"But what athletes really go for, and what they usually get banned are drugs that fool their bodies to keep them from shutting down in the face of over-training," said Herman Pontzer, an associate professor at Hunter College who studies energetics.

## **Students** protest lack of gun laws

**By Sydney Couturier** News Editor

Students living in the Washington, D.C. area showed up to participate in a protest outside the White House on Feb. 19.

Because of the devastating Marjory Stoneman Douglas High School shooting that happened in Parkland, Florida the week before, students protested in hopes of causing lawmakers of both parties to listen to what they have to say and reform gun laws.

Seventeen of the students laid on the ground outside the White House hand in hand with a flag draped over them for three minutes, representing the number of people killed in the recent shooting and the amount of time it takes to purchase a gun.

Multiple signs that were seen at the protest read things such as: 'Protect Kids, Not Guns" and 'How about our children's rights?"

During the protest, there was a protester reading names over a megaphone of school shooting victims who have died because of this type of tragedy in the past 10 years for all to hear.

The protest was the students' way of making themselves and their views be heard, since they are under 18 and can't vote. The students added, "we are the ones in the classrooms" and "we're not okay with what's happening around us."

Juniors Whitney Bowen and Eleanor Nuechterlein, 16, are credited with organizing the protest and also creating the "Teens for Gun Reform" movement where students can speak out for themselves and for others.

Congressman Don Beyer joined the protest saying he hoped these students would give Congress the motivation they need to address gun violence.

# Catastrophic Syrian airstrikes kill 300 citizens

By TARA VECCHIO Arts & Literature Co-Editor

Syria's Eastern Ghouta has been continuously hit by airstrikes for over five years now with minor casualties. However, these casualties grew immensely on Feb. 19 when over 250 civilians may have been killed from the deadly airstrikes. This is the largest single-day death count Eastern Ghouta has seen since 2013 when a supposed chemical attack killed over 1,000 citizens.

"We in Ghouta have been getting hit by airstrikes for more than five years and this is not new to us, but we have never seen anything like this escalation," hospital director and pediatrician Amani Ballour said.

The regime forces targeted the main necessities from shops and markets to schools and mosques that Eastern Ghouta needed to help their citizens. Doctors have been working constantly trying to treat the hundreds of injured civilians. Approximately ten members

of the medical staff and volunteers died leaving the working doctors in distress.

Unfortunately, several medical facilities were shut down and at least four were completely destroyed during the attack,

making treatment harder to attain especially since medical supplies have been in short supply since 2012. Most of the deceased victims are said to be women and children.

"The situation is very catastrophic. There were four hospitals that were destroyed and are not able to continue their work in helping people in Eastern Ghouta," said doctor Fares Ouraiba.

More than 60 children and 40 women were killed 1.000 and over wounded during the airstrikes. Another

13 people were killed and 77 others were wounded when approximately 114 rockets and mortar rounds landed on several neighboring areas.

This attack sparked an "international outcry" from Syria.

Approximately 400,000 people live in Eastern Ghouta, and it is estimated that 94 percent of besieged Syrians are in desperate need of humanitarian aid. The Syrian government has only allowed one humanitarian convoy into Eastern Ghouta since last November. Citizens are currently struggling with severe shortages of food.

On Feb. 21, the International Committee of the Red Cross (ICRC) joined the UN to deliver as much needed emergency humanitarian access as possible and allow the wounded citizens to be evacuated. The UN has already called for a ceasefire.

Residents of Eastern Ghouta are now preparing for what is to come. They believe there will be a catastrophic invasion by the Syrian regime forces, which will turn most of their city to rubble. Citizens are left incredibly distraught, hoping the next attack will not be the cause of their death.

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## BY BAILEY FEDUN Staff Writer

Sophomore Lucia Vitanza has shown her love for writing in the classroom and expresses her uniqueness in every piece of writing that she produces. Lucia explained that when she writes, she is fond of the idea of love and friendships. Being that she is an understanding and selfless person, Lucia loves relationships between people and finds them intriguing.

"She loves to write, and it is kind of like that emerges everywhere in her writing," said English teacher Miss Deanna Zarzecki.

Lucia explained that her motivation to write comes from the ability to express her emotions especially when she does not have anyone to talk to and it allows her to see her growth in writing over the years.

"Writing is very expressive and it is easy to convey things whether you want to keep it to yourself or share it with others," Lucia said.

Finding fascination in nonfiction and real life writing, Lucia loves reading Steven King and aspires to write in the same ways that he does being that she is drawn to horror and the understanding of criminal minds.

Lucia also plays the bass guitar and piano, while also taking part in chorus and color guard.

Although Lucia does not plan on majoring specifically in literature when she goes to college, she does want to major in psychology and come out with a master's degree. Her interest in psychology is based around her love for understanding the way in which criminal minds work and why certain people think the way they do.

"I admire love and it hits me on a personal level. I appreciate every existence and believe in giving everyone what they deserve," Lucia said.

## **By Bryanna Rose** Community News Editor

Tamara Cheroki is a foreign exchange student from Argentina who has been spending her senior year here at Delaware Valley creating art and experiencing the life of a student in the United States.

Tamara has been interested in and has created art her whole life. When she was younger, she won scholarships and art contests for her paintings and drawings.

Tamara is currently taking Ceramics 1 and Jewelry Design,W and her favorite art class is General Art, which she took last semester. Tamara liked the ability to work with

different mediums in General Art and being able to find what she was good at.

Tamara likes many different mediums of art, but her all-time favorites include photography, calligraphy, lettering and drawing.



Tamara's painting of a vase surrounded by a pear and apple which she completed in her General Art class last marking period.

Back in Argentina, Tamara participates and manages for a photography group called "I Love Foto Misiones" which was started by a photographer named Melisa Hernandez and currently has around 4,000 members. Tamara started another group named "Equipo Pic" for teenage photographers to

said Tamara.

showing the world what she can do.

hang out, meet new people, have fun and of course take pictures all around the province. "I like showing the way I see the world, and I feel like the camera teaches you how to see without the camera. It teaches you another point of view, and you get more value from it," said Tamara.

Tamara began taking photos when she and her friends went on a long weekend trip away from home. She said the

"If I go to a place and see something that attracts my eye,

trip gave more value to her work, and she fell in love with

I can come up with something new. You can always make

something different and new if you use your imagination,"

Tamara enjoys calligraphy and lettering as well because she believes it is crazy and creative to use letters which normally are only used for writing, to create art.

Although Tamara's school in Argentina does not offer art classes, she wants to continue to create art when she returns to her life in Argentina. Tamara also envisions the possibility for her to create a career out of her artistic abilities in the future.

# Spotlight Musician David Grimm

### BY MAEVE DOWD Editor in Chief

David Grimm has skillfully earned his place amongst some of the most talented musicians currently in Delaware Valley with his love for music and dedication to the art form.

David, a junior has been singing since he was in kindergarten at Shohola Elementary School and is now a part of the high school chorus. He is a member of the chamber choir and a barbershop quartet that preform in the community. David is also enrolled in AP Music Theory which is rigorous course that delves further into the understanding of music and Guitar 2, which aids students who already know how to play the guitar further their skills.

Chorus teacher, Mr. Richard Horst, stated that David has been singing beautifully and is excelling and working hard in all three of his music courses.

David attended the District Chorus competition and both will be heading to Regionals on March 1-3.

David said that preparation

for Regionals will be similar to Districts. He will get the music for the competition then practice for multiple hours in school and out of school.

"Districts was amazing. It was really life changing meeting so many people with the same passion that I have," said David.

In preparation for Districts, David practiced for one or two hours every night on top of after school rehearsals and the voice lessons he attends.

David expressed that his passion for music has continued because of his inspiration, alumni Johnathan Outwater. David said that Mr. Horst has also been the most influential teacher he has had at DV.

David has devoted his life in and out of school to feeding his passion and education in music. Along with singing, David plays the guitar, bass, drums, ukulele, banjo and piano. His favorite music to listen to and play is classic rock.

David also claims that being involved in music has shaped his life greatly. Music has made him a more dedicated person and has connected him to influential and important people in his life.

David plans to attend college after high school and would like to study music education or music industry.

"Just believe in yourself and never give up. If you believe you can do something just go for it," said David to aspiring musicians.



### By COLLIN KAWAN-HEMLER World News Editor

On Feb. 22 the award winning works from artists in the high school and middle schools were presented in the Media Center in a showcase open to friends and family.

Normally, the students' works that won recognition on the regional level in the Scholastic Art and Writing competition are displayed at Marywood University. As of this year, however, the university has stopped sponsoring the reception.

"We're here celebrating all of the outstanding art that students across the district created," art teacher Mrs. Christine Sweeney explained.

The works of art, which were created in various mediums from painting to graphic animation, caught the eyes of the patrons of the show who praised and admired them. Refreshments were also provided.

Art teacher Mrs. Stephanie Cavallaro welcomed those in attendance and took the opportunity to explain the Scholastic Art Awards and the achievements of this year's winners.

"Scholastics Art is very near and dear to

my heart and to every other teacher here," art teacher Mrs. Stephanie Cavallaro said.

Scholastic Art has been a national competition since 1923. Over 350,000 entries are submitted in 29 different categories each year. DV's artists competed with about 60,000 entries in the larger Northeast region.

Many now famous artists won Scholastic Art and Writing awards when they were in high school such as

Andy Warhol, Truman Capote and Kay WalkingStick.

Judges look for how well demonstrates entry the an competition's three core values: originality, technical skill and voice or vision. Winning pieces are those that go beyond and demonstrate great strength.

However, the first jurors are the teachers. They are the ones who look for promising works of art and encourage a student to enter the contest, even when that artist may not feel so confident about their Photo by Collin Kawan-Hemler piece.

Parents were thanked by Mrs. Cavallaro

NATIONAL BESTSELLER

DONOGHUE

Utterly gripping.... A heart-stopping novel....

Room is a big wow." -San Francisco Chronick

"One of the best books of the year. . . . A riveting

powerful novel. . . . Impossible to put down.

-Boston Globe

Sources emeron

EMMA

for sending the message that the arts and creativity are important to their children. At the end, all artists were asked to step forward and be recognized. Art teacher Mrs. Tricia Kaylor took photos of the accomplished students.

Winners of Gold Keys in our region will hear by March 13 if they have won a national award.



**Seniors Georgana Williams and Ashley** Skrypek discuss some of the artwork on display that their peers created.

Fashion Aware: Boots

### By Sydney Couturier News Editor

Boots are versatile shoes that help to get through the cold months of winter and also can be worn into the springtime.

typical, cozy winter А necessity for many people are UGG boots. They are worn by people to keep warm in the winter and can be dressed up or dressed down. Another trendy boot style is the knee high riding style boot as well as thigh high boots with matching high socks. These boots are commonly worn in the colder months in an effort to keep warm.

As the temperature begins to warm up enough to start cuffing jeans, the low rise booties come out to steal the show. There are multiple styles and colors of these types of boots. They can be flats or have heels, which may be plain or enhanced with buckles, zippers, straps and cutouts.

The classic duck boots have made a comeback this year, seen on the feet of many trying to keep warm, dry, cute and comfortable.

High end name brands have come out with stylish rain boots, both tall and short. They can be worn on a rainy day to prevent wet feet and also on a nice spring/ winter day to add to a cute outfit.

A million different styles of boots are out there in many different shapes and styles to fit any outfit, personality and weather condition that may be thrown at



**Book Review: 'Room'** 

### BY TESS BALTON

Entertainment Co-Editor

In Emma Donoghue's "Room," the main characters Ma and Jack are imprisoned in a 10 x 10 foot shed. Ma is Jack's mother who has been in the shed for seven years, while Jack is only five years old. Old Nick abducted Ma when she was a teenager and continuously sexually assaulted, beat and abused her. Jack is the result of Old Nick, though Ma tries her best to keep Jack entertained and healthy in their little world that is Room. Because Jack has never been outside of Room, he does not understand that there is an entire world just outside the door. Old Nick brings them food and a "Sunday Treat" each week to keep them alive and give them something to look forward to.

The pair has the basic necessities (bath, running water, fridge, a skylight and TV), but Jack cannot comprehend that there is anything else besides his few possessions. After devising a meticulous plan to escape, Jack and Ma finally live a normal life and are free when Old Nick gets arrested for kidnapping, child endangerment and rape.

The book is told in Jack's point of view, showing that he is often confused when Ma talks about the outside world and why Old Nick is not to be trusted. This also allows the reader to feel pity for

Jack, even though he is unaware he is trapped in a prison. His mother is often depressed and impatient when it comes to Jack's immaturity and hyperactivity.

The novel has such a unique plot and adds a perspective on cases of kidnappings that often happen around the world. The fear of Old Nick and desperation shown by Ma keeps the story interesting as she still loves and cares for Jack and does anything to protect him as well as risk everything to better his life.

Jack's introduction to the world is fascinating. He had only ever seen the outside world on TV, so his wonder at simple things like other human beings and animals is mind blowing. Ma is reunited with her Mother and her 'male friend' as she and Ma's father divorced while she was in Room. Room is a beautiful story that showcases a mother's love for her child and how they escaped their personal prison.



# God's Plan'

## By TESS BALTON Entertainment Co-Editor

On Feb. 16, rapper and singer Drake released a music video for his new song "God's Plan." For the first few seconds of the video, a blank screen with the words "The budget for this video was \$996,631.90. We gave it all away. Don't tell the label." Throughout the entire video, Drake donated various gifts to high schoolers, children in need and strangers in a grocery store, among others. Drake also gave away cars to teens, bought a new van for a high school, signed massive checks and paid for an entire store's groceries.

One of the larger donations Drake made in the video was \$25,000 to Miami Senior High School.

Seeing the high schoolers screaming the words to Drake's song alongside him is so uplifting, knowing that they are meeting and singing with one of their idols.

I hope that other celebrities follow Drake's generosity and give back to those who need it the most. 'God's Plan" marks Drake's first debut at No. 1 on the Billboard Hot 100. "God's Plan" and Drake's other song "Diplomatic Immunity" make him the first artist to debut two songs in the Billboard Hot 100's top 10 hits at the same time.



Academy Awards announce exciting nominees

Drake gives Out of the many nominees, "The Shape of Water," "Dunkirk" and "Three Buildings Outside Ebbing, Missouri" were nominated the most for the upcoming Oscars.

By JULIANN WINKLER Managing Editor

The Academy Awards hope to redeem for the viewers, actors, actresses, directors,

themselves at this year's Oscars following the incident last year in which "La La Land" was mistakenly named best picture winner instead of "Moonlight" in front of approximately 32.9 million viewers. "Hosting

the Oscars was a

highlight of my career," said late-night host Ronan who starred in "Lady Bird." Jimmy Kimmel "If you think we screwed up the ending this year, wait until you see what we have planned for the 90th anniversary show."

The 90th Academy Awards will be hosted by Kimmel at the Dolby Theatre in Hollywood on March 4 at 8 p.m. Viewers

can watch the event live on ABC or on the ABC app. The event is predicted to be full of surprises and memorable moments

> cinematographers and many of the other nominees.

Some of the individuals who have been nominated for an Oscar and have been predicted to do well include actor Timothée Chalamet who starred in the movie "Call Me by Your Name," actress Frances McDormand who starred in "Three Billboards Outside Ebbing, Missouri" and actress Saoirse

On average, there are around five nominees for each of the 24 categories. Ranging from the Academy Award for best actors and actresses to the Academy Award for best costume design. The 6,000 voting members will work together to decide the final winners of the 2018 Oscars.

**Staff Predictions Best Picture:** "Get Out" **Best Actor: Denzel Washington Best Actress:** Margot Robbie **Original Song:** "This is Me" Animated Feature: "Coco"

# 'Winchester' reveals true events

Source: npr

By HANNAH LEE Staff Writer

The newly released 'Winchester' movie, though it is dull during some scenes, ends with a frightening twist and has many jump scenes that are sure to keep you scared.

Set in the early 1900s, the story follows Eric Prince, a psychologist who is hired to determine the mental wellbeing of Sarah Winchester, the widow of a famous gun manufacturer. He spends a week in the house with Sarah along with Marion, Sarah's niece, and Henry, Marion's son. Prince notices strange occurrences happening all around the house, but doubts the supernatural claims made by Sarah.

His opinion changes as the story continues due to events that just can't be rationalized. Mourning the death of his wife, Prince not only explores the Winchester family's troubles but some of his own.

This movie was based off a true story, yet research showed that it had more fiction than fact. The real Sarah Winchester did in fact believe she was being haunted by the



victims of her husband's guns, and built a house that was full of mazes and strange rooms to satisfy the "ghosts." Construction went on in the house for 38 years, and building instructions were supposedly inspired from the spirits of the house. Today the house stands in San Jose, California.

Although there were many scenes that caused my heart to jump, there were many scenes that were dull and confusing. Regardless, I did enjoy the historical context of the movie. It was very interesting to see Sarah Winchester portrayed because I have read about her in the past.

The plot was well developed, especially the twist at the end of the movie. The early 1900s was portrayed well through the language and actions of the characters. I appreciated the effort the directors put in to make sure the time period was accurately depicted. The only thing I would limit is the boring scenes, since they were not too relevant to the story.

As a horror movie buff, I was delightfully surprised at the scares portrayed, considering the many bad reviews this movie has received. I would recommend this movie to anyone who enjoys being frightened and appreciates the historical context this movie has.



# ENTERTAINMENT

# Movie Review: 'The Post'

# **Music Review: Lust for Life**

### **By Emily Jacobus** News Co-Editor

Steven Spielberg's Oscar nominated political thriller "The Post" brings to life the Washington Post's highly debated decision to publish the controversial Pentagon Papers.

Meryl Streep does a phenomenal job of portraying Katherine Graham, the first female publisher of a major American newspaper. In the movie, Graham, though at first hesitant, soon tries to catch up with the *New York Times* to expose the government secrets that span over three decades and multiple administrations. With help from determined editor Ben Bradlee (Tom Hanks), Graham risks her newspaper and freedoms.

The turning point of the movie was when Graham was being pushed to make a decision on whether to publish the story or not and she proclaims "Let's go. Let's publish." It masked the vulnerability that Graham was showing at the beginning of the film and marked that she was dignified while doing the right thing for her paper. Throughout the movie, she clearly evolves from a reluctant social opressee to a confident, empowered women of her industry.

To show the backlash the paper got from their decision to publish, Spielberg put actual recordings of Nixon's voice in the film to show his anger and frustration at the journalists.

This riveting movie sets up a powerful message of what journalism and democracy stands for. It addresses one of the first major instances of the media exposing government corruption and alludes to how it would eventually lead to exposing more of that corruption, helping to shape the nation.



By Kiki Ruggiero World News Co-Editor

> Even though her most recent album was released this past summer, it is never too late to give the revolutionary artist

Lana Del Rey the appreciation she deserves.

Her latest album Lust for Life debuted on July 21, 2017 after the release of her hit single "Love" that ranked No. 1 on the Billboard and Twitter Trending 140. In this album, Rey features many

renowned artists

including Stevie Nicks, ASAP Rocky, Sean Lennon and Playboi Carti who all add their own elements to Rey's signature vintage and sometimes morbid, old Beverly Hills style.

Rey's break out single "Video Games" in 2010 set the stage for her nationwide

popularity in the indie pop industry. Then in 2012 she released her album Born to Die which included the hit song "Summertime Sadness." Since then, Rey has held her place in the spotlight with all of her other albums that yielded chart

topping songs.

But Rey's life has not been all glamour and fame. Born in upstate New York and a graduate of Fordham University, Lizzy Grant (Rey's birth name) began to work her way up to the top with hard work, dedication and a dream to become an old Hollywood style singer.

**Page 17** 

unique character and sultry voice. Her new album is

## Sourceat Personally, I love Rey's not my absolute favorite

because I feel as though many of her songs sound too similar to each other. But nonetheless, the lyrics are absolutely beautiful and the music itself generates this moody, deep vibe that can spur the creativity and sorrow in any person's heart.

# **Broadway Review:** 'Hello Dolly'

BY EMILY JACOBUS News Co-Editor

With charm, wit and a joyous nature, the revival of the Jerry Herman musical "Hello, Dolly!" was arguably one of the most uplifting productions on Broadway this season.

Set in the 1890s, widowed matchmaker Dolly Gallagher Levi (Bernadette Peters) is hired by a well-known, grumpy Yonkers merchant Horace Vandergelder (Victor Garber) to find him his ideal wife whom Dolly believes is her. He asks her to set him up with Irene Molloy (Kate Baldwin), the fun-loving milliner who yearns for romance.

Horace's two adventurous store clerks Cornelius Hackl (Gavin Creel) and Barnaby Tucker (Charlie Stemp) take a trip to New York as well and hope to find love. Eventually, they do, but not without "stealing" Horace's arranged love. The young group of four go off to a parade and Dolly addresses her late husband, Ephraim, by reaffirming her inclination to

move on in life in one of the many show stopping numbers "Before the Parade Passes By."

The crowd is now all at the elegant Harmonia Gardens restaurant including Horace and his drunken, horrid date - and the waiters are all preparing progressed with experience and dealt enthusiastically as they hear that Dolly is coming back.

Peters blows the crowd away when she swings open the doors and makes her grand entrance down the steps in the glimmering red dress as she begins to sing the title song "Hello, Dolly!"

In the end, Horace finally admits he needs Dolly in his life and with a sign from her late husband, the two end up become involved with all together.

Whether you are an avid theatre that happened behind goer or you have never seen a Broadway the scenes. show before, "Hello, Dolly!" is a must-see and will continue to entertain audiences the actors and through the ages.

## 'The Crown **Netflix Review:**

BY KATIE COONEY Sports Editor

Netflix's original series "The Crown" provides an insight to British life as it follows Queen Elizabeth II's reign from her beginning as a young monarch, showing how she with crisis that impacted the world in the 1950s, which are still felt today.

Since the show mirrors the Queen's actual life, most of the events, people and places are historically accurate and provides audience members with a history lesson as they the drama and heartbreaks

I enjoyed how actresses playing the

roles of

actual people in history interpreted his

or her character, mainly Claire Foy who portrayed the Queen herself and John Lithgow who won an Emmy Award for his portrayal of Winston Churchill.

It is a little disappointing that the main characters are being recast for the upcoming seasons, but in order to maintain historical accuracy and show progression through time, it is necessary to show change.

I found myself unable to get away from my TV and watched the entire first season within a few days. The second season was just as satisfying as the first, and I am left counting the days until season three comes out, although there is no release date yet.

## New snapchat angers critics

**By Elizabeth Bobo** Staff Writer

Over the past few years, the beloved social media platform, Snapchat, has changed its appearance various times. Updates ranged from the vibrant green color, to radiant blue with the now popular camera filters. In early 2018, Snapchat once again updated but received backlash immediately after. The favored social media platform may not be as popular as it used to be.

The most prominent feature that changed is the way to access stories. With the older version, you used to be able to access your friends' stories by swiping left on the main camera screen. The update altered this. Now, you have to swipe right on the camera screen, to the new friends page. Seasoned users would know that here you would find your recent conversations as well as your streaks. The organization of the whole page is different; now the friends are no longer organized by your recent conversations but by the most recent people who have posted to their story.

This is where the backlash is coming from. With this new update, the convenience of the app is ruined. It is harder for people to find what they are looking for. There are multiple tutorials on the internet that help to navigate the new Snapchat, but people are not happy with the new process.

"The new Snapchat update is more complicated than trying to turn on your friend's shower," said critics across the web.

More than one million people have voted for a petition to revert back to the old version of the app. Snapchat is in no hurry to change its new look, and the future does not look bright for the once loved social media app.

## What's In Your Drink: Coca-Cola **By Bryanna Rose** Community News Editor

Many see a polar bear on the red label and can easily recognize it as a cool refreshing bottle of Coca- Cola. Coca-Cola is the number one top selling soft drink in the United States of America. The popular soda brand may be delicious and savory. However, the ingredients within the bottle lead many experts to criticizing the popular beverage's health effects.

Soda contains caffeine which has addictive qualities and is found in Coca-Cola. Therefore, if someone were to stops drinking Coca-Cola, they may experience harmful effects such as fatigue and depression.

Coca-Cola contains the ingredient E211 which is also known as sodium benzoate. A study by professor Peter Piper at the Sheffield University found that this ingredient causes damage to DNA by deactivating it. The effects of this ingredient can increase the

risk of cirrhosis, heart disease, Alzheimer's teeth. or Parkinson's disease.

Piper conducted studies and tests on various soft drinks including Coca-Cola and stated that tests by the US Food and Drug Administration are out of date.

"By the criteria of modern safety testing, the safety tests were inadequate. Like all things, safety testing moves forward and you can conduct a much more rigorous safety test than you could 50 years ago," said Piper.

Drinking Coca-Cola causes the blood pressure in your body to rise. In addition, there is the risk of an increase in weight and a greater chance of developing type 2 diabetes.

In addition to the effects that Coca-Cola has on the body, it also affects the dental hygiene of the consumer. Coca-Cola contains phosphoric acid, which is an ingredient used in industrial cleaner's and affects all of your

# Orca learns to mimic human speech

By CARLY NAUNDORFF Science & Technology Editor

Scientists have captured a recording of a killer whale Wikie repeating the words "hello" counting up to the number three and of her trainer "Amy".

Wikie, a 14-year-old female killer whale housed at Marineland Aquarium in Antibes, France, is the first in the world ever recorded by scientists allegedly saying human words.

The study was comprised of three phases: retraining and reinforcing to understand "copy," vocalizing sounds that Wikie had already performed herself and testing with unfamiliar or different sounds previously unknown to Wikie.

According to Agence France-Presse (AFP) by way of CBS News, with her head above water, Wikie looks at her trainers, listens to them speak and then vocalizes "Hello."

Whales are known for their impressive communications skills that allow pods to communicate with each other through complex clicks and singing, even when they are 100 miles apart.

Scientists have proclaimed that the experiment has shown that orcas are also apparently capable of mimicking human speech, a feat that was previously believed to be limited to primates, birds, elephants, dolphins and seals.

"The subject's matching accuracy is all the more remarkable as she was able to accomplish it in response to sounds presented in-air and not in-water, the species' usual medium for acoustic communication," a researcher stated.

# New cancer vaccine eliminates tumors

**By Shelby Brittain** Entertainment Editor

Researchers at the Stanford University School of Medicine have come a long way with their studies. They have discovered an approach to treat certain types of cancer, especially the types that come about spontaneously.

The researchers tested this vaccine on laboratory mice by injecting a tumor site with two immune-stimulating agents. When this was tested at Stanford, 87 of 90 mice were cured of cancer. Despite the three mice that were not cured, they performed a second treatment which resulted in positive effects.

Ronald Levy, one of the researchers at the university, was one of the leaders behind the work of cancer treatment. He and his team are advancing the knowledge of the cancer treatment research.

"All of these immunotherapy advances are changing medical practice," Levy said. "Our approach uses a one-time application of very small amounts of two agents to stimulate the immune cells only within the tumor itself. In the mice, we saw amazing, bodywide effects, including the elimination of tumors all over the animal."

Lymphoma patients are being chosen to test this treatment in a clinical setting. This is a type of cancer that occurs in the immune system.

One of the agents that was tested on the mice has already been approved for use in humans. Other agents are still being tested in trials. The tests resulted positive for the patients with lymphoma.

"I don't think there's a limit to the type of tumor we could potentially treat, as long as it has been infiltrated by the immune system," Levy stated.



Page 18 Science and technology

> The phosphoric acid found in Coca-Cola also can damage the stomach and esophageal lining after drinking too much soda, over an extended period of

time.

One can of Coca-Cola has ten teaspoons of sugar, which is the recommended intake for a single day.

In a study conducted by the Johns Hopkins School of Medicine, it has been found that Coca-Cola along with other soft drinks are proven to elevate the chances of or cause cancer.

Coca-Cola while being a delicious soft drink, can be detrimental to your health. Now I like a cup of Coca-Cola as much as the next person, but after learning about what goes in to the soft drink, I would recommend thinking over the effects that may arise before popping open a can.

# Warriors miss championship but stay strong

By COLLIN KAWAN-HEMLER World News Editor

The Water Warriors are wrapping up their season with a praiseworthy set of wins and performances at meets and invitational. Although they lost their meet with Scranton Prep, the girls' swim and dive team moves onto the districts competition this weekend and seeks a championship.

DV-80, Scranton Prep-103

Scranton Prep brought by far the toughest competitors to the pool. First place finishes were few and far between and hardwon. Freshman Miranda Murray swam the 200 yard IM in 2:21.10 beating the swimmer from Scranton Prep in a fraction of a second.

The final event, the 400 yard freestyle relay, was an exciting cap to the evening where the Warriors saw another win. The team of junior Esther Lee, Murray, senior Karolina Baranowski, and freshman Sierra

of 3:51.92.

championship on

Feb. 17 held at Scranton High School the districts. Warriors had a good showing. Gillan once again demonstrated her raw speed and skill as a swimmer. She won the 100 yard head coach Chelsea

Gillan eked out a first Freshman Jordan O'Connor swims place finish with a time breaststroke in the 200 yard IM against Scranton Prep. At the Les Richards Photo by Collin Kawan-Hemler

Ι am districts because 🐚

freestyle and 100 yard backstroke, and broke both of the team's team records in those events. Gillan also broke the pool record at Scranton for the 100 yard backstroke.

Murray took third in the 100 yard backstroke, Lee took fourth in the 50 yard freestyle, and the 400 yard freestyle relay team took second.

"Les Richards was a good warm-up for

super excited for every athlete dropped time in their events," Shatt said.

## Spotlight **Athletes** Girls' Swim

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Miranda Murray, FRESHMAN "Miranda's fast swim speed and positive attitude has helped our team achieve success." -Head coach Chelsea Shatt

**Boys' Swim** 



Liam Naturale, SENIOR "Liam is our current leading team scorer, and he has the highest individual power point

## Competition Cheer





Liliana Hendrix, SENIOR "Liliana excels in all aspects of cheerleading, being a phenomenal base, tumbler, jumper and crowd leader." -Head coach Jen Marchetti

# **Boys' swim defeats Scranton Prep**

**BY BRYANNA ROSE** Community News Editor

On Feb. 15 Delaware Valley faced off against Scranton Preparatory school and took home the win at their home meet. The Warriors attended the diving districts on February 24, the team will attend the swim district finals on March 2 and 3.

### Delaware Valley-124, Scranton Prep-54

The Warriors' success lied in key scorers including sophomore Damian Baranowski who took in first in two events not including relays. Seniors Daniel Ocasio and Kristopher

Kremsner provided additional points in events such as the 100 yard freestyle to add to the final score.

Sophomore Luke Stevens, senior Marc Mireau and junior Jonathan Manning all earned points for the Warriors in the 500 vard freestyle.

The 200 yard IM was won by Stevens and freshmen Lucas Santiago and Steven Schermerhorn who added to the score by placing second and third respectively.

The Warriors took first and third place in both the 200 and 400 yard freestyle relays. In addition, DV took second and third in the 200 yard medley relay.

The Warriors' win was aided by the

boys' diving team that consisted of freshman Rory Naturale, junior Matt Seger, and freshman Jacob Wenzel who placed in the top three spots respectively.

The Warriors swept in the 100 yard breaststroke with senior Liam Naturale in first with a time of 1:06.07 followed by Santiago with a time of 1:08.96 and sophomore Brandon Ciralli with a time of 1:13.26.

## Competition cheer season comes to an end missed, not only for their experience but for traveled back home.

By KIRSTEN DUNN Community News Co-Editor

The competition cheer season came to an end at the National High School Cheer Championship in Walt Disney, Florida.

### <u>Nationals</u>

On the morning of Feb. 9 the cheerleading team traveled to Florida and that night, they practiced their routine in preparation for the competition. On Feb.10 the team competed but did not make it out of preliminaries.

The team competed in the large varsity division one. They are in large varsity because of the number of athletes on the team and the division is the size of the school, their division had 44 teams in it.

"This group of super six seniors will be

their amazing personalities and dedication," said head coach

Jen Marchetti. The

team scored high in the leading, crowd tumbling and dance categories. They also received a tweet from the USA judges about their awesome

use of signs in the the routine.



cheer section of The cheer team had a successful opening stunt sequence at Nationals. Feb.12 Contributed Photo

Eichner.

On they were able

to spend the day at Animal Kingdom and of our lives," said senior captain Meghan Magic Kingdom. The following day they

"This year was a season none of us



life lessons and gave us memories we can cherish for the rest **Del**.Aware

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March 2, 2018

## Spotlight **Athletes** Wrestling



Mike McKinney, SENIOR "Mike is just a hard worker and has been a great example to everyone on the team this year."

-Head coach Lou DeLauro **Boys' Basketball** 



Jackson Shafer, SOPHOMORE "Jack has been playing really well offensively. He stepped up to help us grab some needed wins down the stretch." -Head coach Kris Holtzer

# Girls' Basketball



**Brooke Acoveno, FRESHMAN** "Brooke's a freshman so she's going to make mistakes, but her ball-handling skills and shooting outside shots gave us an advantage going into playoffs."

Head coach Lindsay Baker

# Nine Warriors move on to regional competition

By MORGAN GIFFORD News Co-Editor

The wrestling team goes into the Regional tournament with a win against Wyoming Valley West and nine wrestlers placing at Districts.

### Districts

The team traveled to the Kingston Armory in Kingston, Pennsylvania on Feb. 23 and 24 to compete in the individual District 2 Championship. Two wrestlers placed first, five placed second, one in third and one in fourth. All of these wrestlers qualified for the regional championship which will take place from March 2 and 3.

Seniors Mike McKinney and John McCarthy both won the individual district titles for their weight classes.

Seniors Joseph Gillespie-Porco and Andrew Kidd, junior Jack Dardia, sophomore Machias Magill and freshman Jason Henderson placed second in their weight class. Freshman

Preston

Machado placed third, and Senior Shane Fagan placed fourth in their weight classes.

The team also claimed the AAA coach of the year, JV coaches of the year and sportsmen of the year awards for District II.

## DV-58, Wyoming Valley West-15

On Feb. 13, the wrestling team defeated the Wyoming Valley West Spartans, with DV having a total of four pins.

McKinney, Dardia, sophomore Wyatt Gagnon and Henderson all pinned their opponents gaining six points each for the Warriors.

Fagan, McCarthy and Kidd all won their matches by forfeit by gaining more points than their opponents. Junior Jose Falcon and sophomores Joe Casella and Travis Norman also won by forfeits, gaining three points each for DV.

"The team and I are really excited to go to regionals this weekend and we are hopeful to go to states," said McCarthy.

league

will

the

Wyoming

"I will miss this

group because they

got the most out

Keys

on March 26.

## Boys' basketball wins league championship Sophomore Jackson Shafer led the a lot including our second straight holiday

BY KATIE COONEY Sports Editor

On Feb. 6, the boys' basketball team defeated the Honesdale Hornets to win the Lackawanna League division 2 championship.

The team looked to advance in the district tournament during the semi-finals on Feb. 24 against Hazleton Area.

### DV-33, Hazleton Area-85

The Warriors traveled to King's College in Wilkes Barre Pa. and faced off against the No. 1 seed Hazleton Area.

Hazleton Area is ranked No. 13 in the state and has a high chance of winning the state tournament.

The Warriors struggled to keep up with two. Hazleton's skill and fast pace of game.

Warriors offensively with seven points, followed by junior Tom Raniero and seniors Hassan Keys and Dylan Kelly each adding four.

adding Also to DV's score were seniors Clay Chelak and Matt Campbell each scoring three,

antes a

and Tyler Magee during a fast-break. adding two and Photo by Katie Cooney sophomore Grant

Berrios and freshman Aiden Oliver scoring

"[We had a] funseason and accomplished things," said head coach Kris Holtzer.

#### Girls' basketball season ends w h tough IOSS

**By HANNAH LEE** Staff Writer

The girls' basketball team finished their season last Friday with a loss to Scranton making their final record 3-20.

## DV-23, Scranton-46

On Feb. 23, the Warriors took on the Scranton Knights in the District 2-4 Class 6A sub regional semifinals and suffered a hard-fought loss.

The Warriors entered the game with a defensive strategy which seemed to surprise the Knights. The Warriors went on a six-point run that put them in the lead 8-7, but

the Knights responded with a 15-point run that kept them in the lead for the rest of the game.

In the first half, both teams played aggressively and ended up with 11 team fouls a piece. Both the Warriors and the Knights stayed in this competitive mindset throughout the rest of the game with fouls going back and forth.

Senior Shelby Brittain was DV's leading scorer with a total of nine points, and senior Faith Fucetola and freshman Brooke Acoveno each added five points. Acoveno also contributed seven rebounds and four steals for the Warriors. Sophomore Ashley Thalassinos also tacked on four steals and one block.

of their talent, and they are amazing kids

who are all moving on to bigger and better

"It was the first time we were aggressive as a collective unit," junior Elizabeth Bobo said. "Even though the score didn't show it, we played our hearts out for the last game of the season."

Coach Baker highlights the perseverance of her team and how they kept their heads up during challenging moments in the season.

'When we talk about the character of our kids, I don't know many people, or adults in general, who get sand kicked in their face day in and day out, and come back to practice and work even harder," coach Baker said. "And that's a testament to their character."



seniors Zach Klapak Junior Blake Gearhart controls the ball

